Application to Become a Member of International Safe School Network

Urawa Gakuin Senior High School

Yukio Ozawa, Principal of Urawa Gakuin High School



Principal Yukio Ozawa

Urawa Gakuin high school has promoted a new type of education named "21st Century Uragaku Education", which is focused on improving students' academic skills at the same time as cultivating life skills and integrating international and liberal arts through the emphasis of our educational policies. In order to fully realize this kind of educational ideology, not only teachers and administrative staff but also students need to share common awareness of the issues. Together we must all be able to subscribe to believe in and act upon the foundations of this philosophy.

Although Urawa Gakuin is a huge and diverse school, which holds 2,852 students in total, we are committed to the importance of each and every student's health and safety. I had wanted to continue to promote this concept by declaring Urawa Gakuin as a 'Health & Safety' school. At that moment, I found information on the 'International Safe School' program and this inspired me to become more sympathetic to the philosophy and policies of this school. Since then, I have

hoped for our school to be certified as an 'International Safe School', and, in respect of this, Urawa Gakuin has instigated new policies and procedures that we have collectively been working hard to implement.

For example, our high school has a number of students commuting by bicycle and some of them occasionally are involved in traffic incidents, such as incidental collisions. In addition to this, quite a few students suffer injuries through participating in our broad range of school club activities, which run throughout the year. In order to minimize these incidents, all the teachers and administrative staff at our school carry out consistent risk assessment whilst cooperating closely with officials from Saitama Prefecture and Saitama City and also liaising with the local community, including the police and fire departments. Owing to these actions, the students have improved their attention to safety and parents have also been fully supportive of the progress we have made. I believe that these measures are aligned with the requirements for the certification of 'International Safe School'.

Since Urawa Gakuin is a private high school I feel that it is more difficult to plan and carry out the actions required for 'International Safe School' designation when compared with public high schools. Despite this difficulty, we have all made great efforts to embody the spirit of the 'International Safe School' program, fostering bonds with the local community and acquiring problem-solving skills to improve safety measures. I believe that we will continue to work hard on these matters so as to achieve this great accomplishment.

Statement in Support of Obtaining 'International Safe School' Certification



President of the Parents Association
Fumio Hayashi

We, all parents, need to share and exchange information about our children's safety and we always pay attention to protecting them.

In addition to this, we cooperate with Urawa Gakuin High School by sharing information about the students and discussing it together to ensure that we collectively maintain the students' safety and security.

Once something is completed, people have a tendency to become careless and this kind of casual thinking can lead to troubles and accidents. To prevent them, we do not have to produce perfect safety measures, but they should be as close to perfect as possible and it is essential that we continue to uphold them.

Nowadays, there seems to be many places where we can feel secure. On the other hand, there are relatively fewer places that we can say are completely safe. Therefore, we believe that it is extremely important for all of us to continuously consider how we can take action to increase the number of such places.

With the rise of digital technology in today's world, we can easily communicate with each other and share information through the Internet. However, we should also value the analog by placing importance in communicating and taking action

with others face to face. Thus, through direct cooperation with Urawa Gakuin High School and our children, we, all parents, will continue to make every effort for obtaining the certification of 'International Safe School'.

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school policy governance body) representative, with the Headmaster as a co-chair (hereinafter the Safe School Committee);.
Indicator 2: Safe School policies decided by the Safe School Committee and Community Council in a Safe Community setting
Indicator 3: The long-term, continuous program which covers both male and female students, all grades, environment, and situation.
Indicator 4: Programs that target high-risk groups and environments, and programs that promote safety for vulnerable groups
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Indicator 6: Programs that document the frequency and causes of injuries – both un-intentional (accidents) and intentional
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Chapter 1 General Information of Urawa Gakuin High School

1. Founding Spirit • School Motto • School Badge • School Mascot • Number of students, teachers and staff

Urawa Gakuin High School was founded in Saitama City (former Urawa City) in April, 1978. This is the coeducational school which holds the largest number of students in all high schools in Saitama prefecture. As Urawa Gakuin High School is committed to both academics and sports, it has increased advancement rate and produced a number of professional sports players, such as professional baseball players, American football players and so on, who have performed brilliantly in their fields. Now, the teachers, staff and students work on various kinds of activities positively with problem-solving thoughts, based on the school slogan, "Bright and open school filled with hope and dream."

Founding Spirit "Go Dou Ikkan (吾道一貫)"

This spirit derives from Confucian ethic. It means that every human life is closely related to "human-heartedness (仁)", so called "Sincerity and Consideration(忠恕)" in any situation.

School Motto "Self-Control (克己)·Love (仁愛)·Co-Existence (共生)"

Self-Control···To control our egoistic desire to be in harmony with others

Love···To understand that we are supported by others and to become a person who can support others with cordiality by ourselves

Co-Existence···To make peers who live with us

Fig.1-1 School Badge · School Mascot · Number of students, teachers and staff

School Badge



Number of students

	$1^{ m st}$ year	2 nd year	3 rd year	Total
Total	1,017	943	892	2,852
Boys	545	534	463	1,543
Girls	472	409	429	1,310
Homeroom	24	24	24	72

School Mascot



Number of teachers and staff

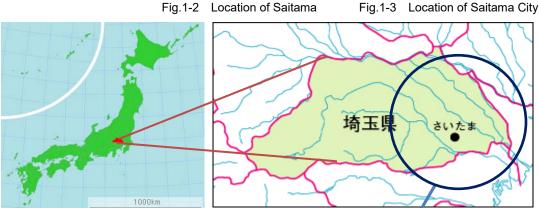
Status	Number
Principal	1
Assistant.Principal / Vice Principal / Head Teacher / Assistant Administrative Manager	5
Division Manager / Division Vice Manager	21
Teacher	106
Clinical Instructor / Clinical Psychologist	5
Administrative Staff	28

2016.4.30

2. Environment around School

As Urawa Gakuin High School does not have the train stations from which the students can walk to school, most of them use the bicycle, take the school bus from Higashi Kawaguchi station of JR Musashino Line, or take the public bus from JR Omiya station. Remarkably, 50% of all students commute by bicycle and some of them spend over an hour to come to school. As a result, their average time and distance to commute have been longer year by year. (Fig. 1-4)

And also, the area around the school has few houses and buildings, and few pedestrians in the evening, so we strongly advise the students, in particular girls and the students who go home late after the club activities, to take the roads or streets on which they can find others and feel safe. Thus, this is the area where our school pays deep attention to the safety and security.



Saitama City 26,44 km²/217.43 km²

Population

Men: 18,684/635,148 Women: 17,921/638,349

(All children aged of high school years / All

people)

Fig.1-4 Students Distribution Map (Only cities, warrs and towns around the school)



Red numbers show the number of Urawa Gakuin students living in each city, ward & town. A red circle shows the school zone for possibly students commuting by bicycle (about 5km).

Chapter 2 School Events for International Safe School

1. The Background

In Urawa Gakuin High School, nearly 50 % of the students commute by bicycle. So, our school has to consider the prevention of the students' dangerous factors related to the possibility of their traffic incidents.

Also, because there are as many as 2,800 students in our school, various places such as the school playground, gymnasium, floors in the buildings may cause the students' incidents due to the crowded situation.

Our school seeks for the measures of solving these issues continuously by data-based and evidence-based methods, cooperating with the parents and the communities, and then our school leads the students to cultivate their problem-solving skills for taking the safe & secure measures so as to obtain the certification of International Safe School.

In September 1, 2014, our school declared 'Health & Safety' school in the opening ceremony of the second semester, which gave a boost to further safe education. The table below shows those school events.

2. The school events

	Ditte	E4	Students	Students / Teachers / Parents		
	Date	Events	Students	Teachers	Parents	
	May. 12, 2014	Visiting International Safe Schools in Taiwan		0		
	June. 12, 2014	Meeting for Setup Planning(ISS Certifying Center)		0		
ш	June. 18, 2014	Selecting the Staff Members of ISS Promotion Committee Establishment of ISS Promotion Committee		0		
Before	July. 1, 2014	1st ISS Promotion Committee Meeting		0		
the action	July. 1, 2014	Submission of the Document for starting the action		0		
on	August. 5, 2014	August. 5, 2014 Japan's first ISS Workshop		0		
	August. 20, 2014	Meeting for the Staff in charge(at City Hall of Saitama)		0		
	September. 1, 2014	Declaration of Health & Safety School	0			

	Date	Events	Students	Students / Teachers /	
	Date	Events	Students	Teachers	Parents
	September. 18, 2014 October. 21, 2014 October. 21, 2014 Mr. Syuko Haga, Professor of Tsukuba Univ Lecture Meeting "Understanding of academic work, health promotion and fitness training both in academics and sports in high school years"		0		
	December. 5, 2014	3rd ISS Promotion Committee Meeting		0	
	December. 20, 2014	Evacuation Drill(Fire Department of Saitama City)	0	0	
	April. 18, 2015	Student Guidance Lecture Meeting(Safe and Secure Commuting • Prevention of Cyber Crime)	0		0
Aftı	April. 24, 2015	Student Guidance Lecture Meeting(Bicycle			
After the action	April. 27, 2015	Lecture Meeting about how to use AED in emergency situation	0	0	
tion	May / June / September, 2015	Making a Hazard Map outside school	0		
	May. 1, 2015	Student Guidance Lecture Meeting(Prevention of Drug Abuse)	0		
	May. 16, 2015	Mr. Syuko Haga, Professor of Tsukuba Univ Lecture Meeting "Understanding health promotion and fitness training both in academics and sports"	0		
	May. 26, 2015	Student Guidance Lecture Meeting(Usage of SNS)	0		0
	July. 18, 2015	Evacuation Drill(Fire Department of Saitama City)	0	0	
	June. 3, 2016 Student Guidance Lecture Meeting(Human Rights)		0	0	

Also, in 2016, carrying out the same events as those in 2015.

Chapter 3 Conditions of Injuries at Urawa Gakuin High School

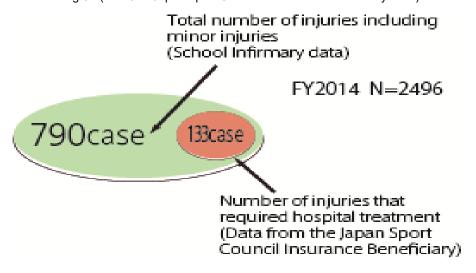
The conditions of injuries in 2014

Injuries that have occurred under the school management are collected as infirmary data. Furthermore, serious injuries that require hospital treatment are collected from Japan Sport Council for data application.

1. Physical Injuries (Comparison of the Data from Japan Sport Council)

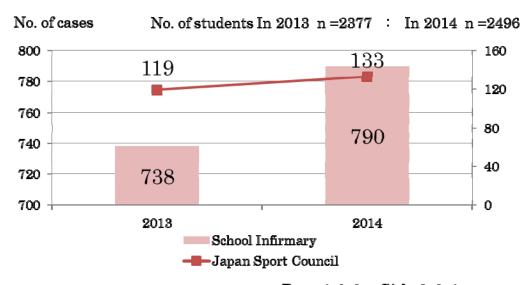
(1) Contents of injuries

Fig.3-1(FY 2014 Japan Sport Council Data · School Infirmary Data)



(2) Injuries including minor injuries

Fig.3-2 (FY 2013~2014 Japan Sport Council Data · School Infirmary Data)



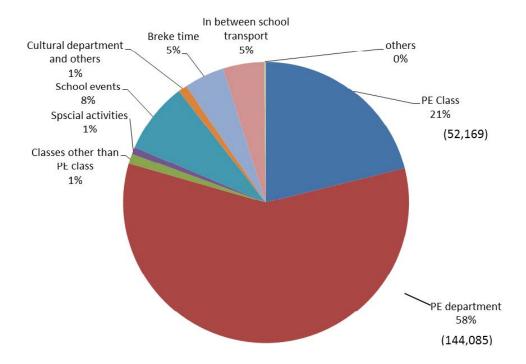
Boys 4 0 3 : Girls 3 3 5 Boys 4 2 6 : Girls 3 6 4

(3) Comparison of the cases nationwide

Fig.3-3 (FY 2014 Japan Sport Council Data · School Infirmary data)

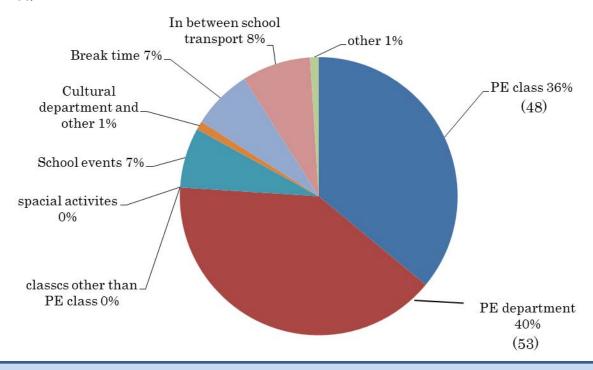
① Japan Sport Council Data

(N=248422)



② Japan Sport Council Data for Urawa Gakuin

(N=133)



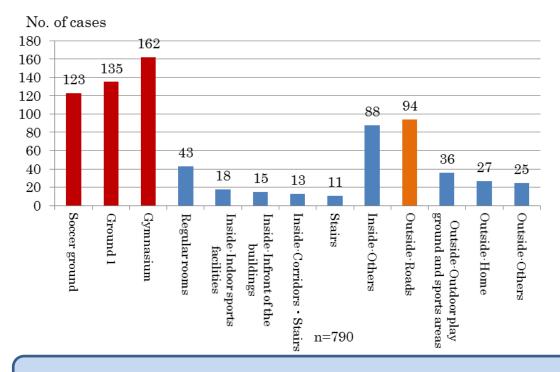
The number of injuries which requires medical treatment in PE class or sports club activities has grown as the nationwide data of Japan Sport Council shows. But the percentage of the injuries in sports club activities is lower than the nationwide average.

(4) Injuries occurred inside and outside the school premises

① Occurrence of Injuries

a) Place (Including club activities)

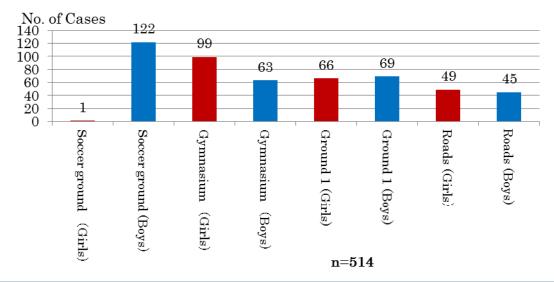
Fig.3-4 Injuries by place of occurrence (FY 2014 School Infirmary Data)



In school, Gymnasium, Ground 1 and Soccer ground causes more cases of injuries and more cases of injuries occur on roads outside school.

b) Gender

Fig. 3-5 Places of most occurred injuries by gender (FY 2014 School Infirmary Data)

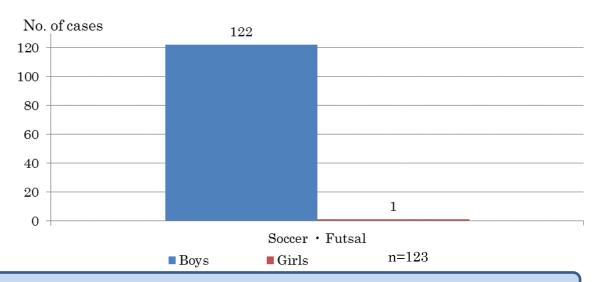


As the utilization rate of each facility is different between genders, boys tend to get more injuries in soccer ground, and girls do in gymnasium.

c) Places of occurrence of injuries by events

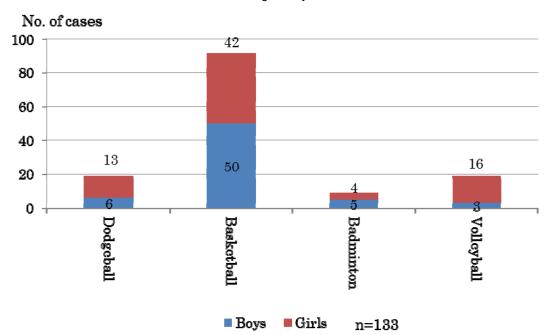
Places of the most occurred injury by school events (FY 2014 School Infirmary data)

Fig. 3-6 Soccer ground



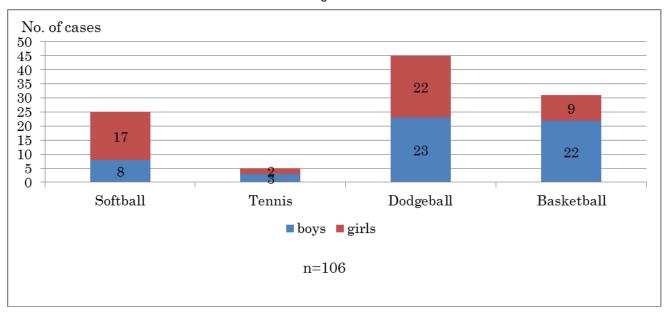
More boys injured in soccer ground than girls because they mainly used the ground.

Fig.3-7 Gymnasium



Both boys and girls get more injuries while playing basketball in gymnasium.

Fig.3-8 Ground 1

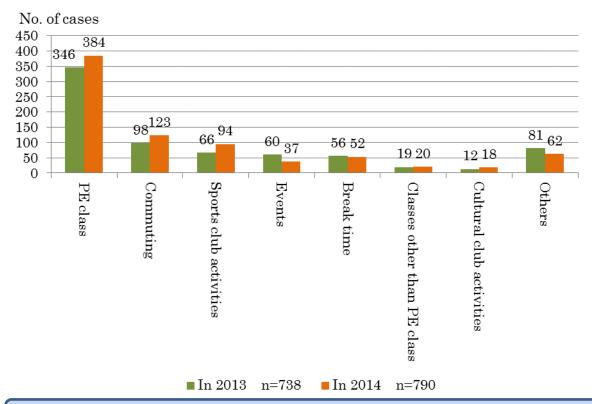


More injuries are occurred in the sports in which the players shoot a ball to the net.(Dodgeball is played in only PE class.)

2 The conditions of injuries by cases

a) By time zone (year)

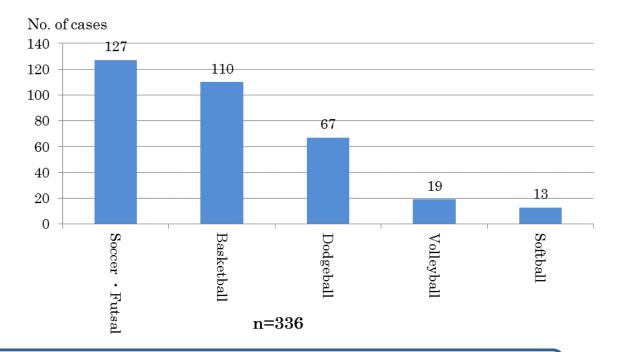
Fig.3-9 Injuries by time zone (year) (FY 2013~2014 School Infirmary data)



More injuries are occurred in PE class both in 2013 and in 2014.

b) Injuries occurred in PE class and club activities

The conditions of injuries occurred in PE class and club activities (Source: FY2014 school infirmary data) Fig.3-10 Top five main sports club activities causing more injuries



More injuries are occurred by sports which students compete for a ball in a field. (reference to Fig.3-10)

No. of cases
15
14
11
10
5
0
Baseball (Including rubber ball baseball)

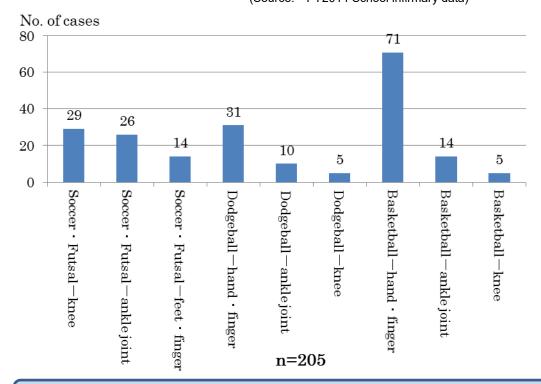
n=52

Fig.3-11 Top five main sports club activities causing more injuries

More injuries are occurred in club activities as well as PE class. The number in the parenthesis shows the rate of the injured in each club members.

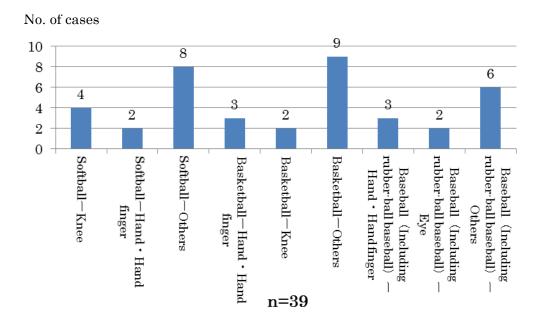
c) The conditions of the injuries by sports events

Fig.3-12 Top three affected parts of the body occurred by three main sports events in PE class (Source: FY2014 School infirmary data)



Hand and finger injuries are more cases in basketball.

Fig.3-13 Top three affected parts of the body occurred by three main sports events in club activities (Source: FY2014 School infirmary data)



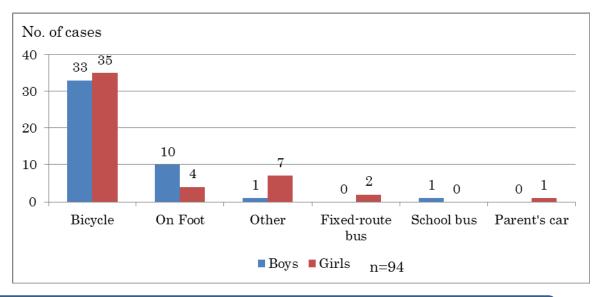
Hand and finger iniuries are less cases in basketball club.

(5) Injuries occurred outside the school premises (Roads)

① The occurrence of the injuries by the ways of commuting

Fig. 3-14 The number of the injuries by the ways of commuting

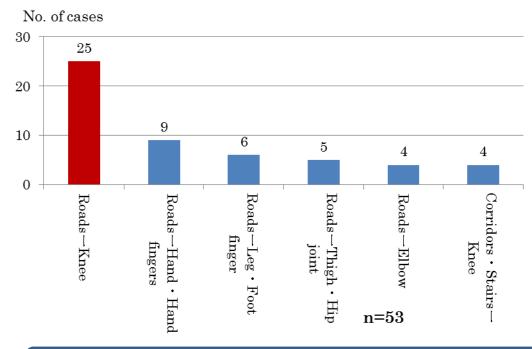
(Source: FY2014 School infirmary data)



Both boys and girls get more injuries in commuting by bicycle.

② Bicycle related to injuries according to the place of occurrence and the affected parts of the body

Fig. 3-15 Bicycle related to injuries according to the place of occurrence and the affected parts of the body (Source: FY2014 School infirmary data)



Abraded wound on knee is the leading case of injuries on roads.

2. Mental & Emotional Injuries

(1) Mental treatment in school

Urawagakuin's Psychological and Emotional Care is taking cared by the school "Peer > Co.".

"Peer \circ Co." is also known as the peer counseling. Peer means (friends, colleagues) and Co. means (cooperation/collaboration, coordinator).

① What are the roles of Urawa Gakuin's Peer Counseling?

- Support the students through peer coordinators' (clinical psychologists') counseling about their school life and their life at home.
- Plans, conducts workshop and support the parents and also the community about child-rearing.
- Organized a comfortable and a fun filled counseling sessions in the peer counseling room.
- Peer coordinators also act as a lecturer during trainings of the faculty and staff, and also if there is a demand from the class adviser, peer coordinators also go to classes and held lectures for the students.

2 What are the things that we can consult during peer counseling?

- Problems about relationship to others(friends, family)
- Personality related to problems
- Problems about studying, career, club activities
- Students who doesn't attend to school, suffer from bullying, and are difficult in adjustments
- Feeling nervous about other people (anthrophobia), anxiety
- Getting nervous, apathy, person who want to change for something
- Body symptoms related to stress
- Worries and concerns about puberty
- Child rearing anxiety of the parents

etc....

3 How should we make the appointment and when is the room open?

The Peer Counseling room is by appointment system.

We can make our appointment via phone, email or we can simply go to the peer counseling window to reserve for our next appointment.

Counseling time will be approximately 50 min.

Peer Counselling room is open from Monday to Friday 9: 00 AM ~ 5: 00 PM.

Peer counseling room will be closed during school official holiday.

PeerっCo.ル	-A
次回は月	B
:	にお待ちしています。
担当:	Tel:048-878-200

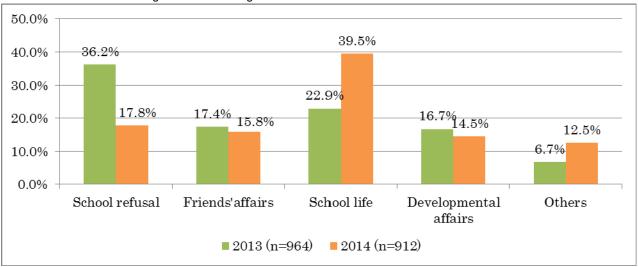
	MON	TUE	WED	THR	FRI	SAT	SUN• Holidays
AM	0	0	0	0	0	×	×
PM	0	0	0	0	0	×	×

if you plan to have an appointment on Saturday please consult the

counselors.

(2) Mental and Emotional injuries in Urawa Gakuin High School

Fig. 3-16 Counseling Room called "Peer ${\scriptstyle \bigcirc}$ Co. ${\scriptstyle {\it IV}}$ — ${\it \bot}$ " Data in 2013 and 2014



Although the number of cases for school refusal decreased, the number of cases for school life increased.

The number of cases for bullying is included in Others of the data in 2014, and reached 3 %. (Before 2014, the rate was 0.2% at most.) 'n' shows the number of the visitors.

The number of cases tends to increase gradually although the total number is still small.

Chapter 4 Setting the Significant Tasks Based on the Condition of Occurrence of Injuries

Setting the significant tasks based on the condition of occurrence of injuries inside and outside school

1. Physical aspects

(1) Inside school

The conditions of the occurrence of injuries

- 133 cases of injuries from 790 injured students in total were cases required to have hospital treatment. (Fig.3-1)
- PE class (36%) and Sports club activities (40%) were made up of a majority of the occurrence of injuries in school. (Fig.3-3)
- · In school, more injuries are occurred in gymnasium(162 cases) · ground 1(135 cases) · soccer ground(123 cases).

 (Fig.3-4)



The significant tasks and the measures

☆Decreasing the number of injuries in PE class and club activities

Measures

① Meeting for advisories of club activities (program 5-3)

Discussing the measures for the prevention of injuries in the style of workshop in order to decrease the number of injuries.

2 Meeting for captains of club activities (program 5-4)

Exchanging the ideas or opinions among the captains of club activities about what the students should do to decrease the number of injuries in club activities.

③ Students' Central Committee (program 4-20)

Discussing and exchanging the ideas or opinions among students committees about the introduction of their activities and the prevention of injuries.

4 Activities of Physical Education Committee (program 4-17)

The students of PE class conducting warm-up exercise in every PE class as well as their planning the contents of the exercise according to sports events the students do on the day.

 \odot Lecture meetings by academic experts (program 3-4)

Understanding the situations where injuries happen easily and the condition of students who are likely to face the situations, and learning the measures and methods of the prevention.

6 Maintenance of the grounds, facilities and instruments (program 5-5)

Checking if the instruments are not broken or the grounds are prepared before using.

7 The special form to record the injuries

Making the special form to record the injuries the students faced by sports club activities.

8 Research for students' athletic abilities

Examining the way that we can measure more detailed athletic ability, though students take sports skill test at the beginning of a year.

Onsidering the new curriculum of PE class

Reconsidering how to deal with the sport items in PE class that injuries outbreak concentrate on.

(2) Outside school

The conditions of the occurrence of injuries

- Outside school, the most injuries(94 cases) were occurred on roads when the students commuted. (Fig.3-4)
- Most cases of injuries on roads were bicycle accidents(68 cases). (Fig.3-14)



The significant tasks and the measures

☆Decreasing the number of bicycle incidents in commuting

Measures

Questionnaire for "Students' Near Miss Experience" Research (Students) (program 4-5)

The students writing their experience related to traffic incidents, and reminding them of the danger of the incidents.

② Making a Map for showing the sites of "Students' Near Miss Experience" (Students) (program 4-6)

The students drawing the dangerous spots in commuting between their house and the school in a special map and having more careful attention.

③ Incident-Demonstrational Training Session(program 3-10)

The students watching the demonstration of dangerous behavior, and understanding the importance of following the traffic rules.

4 Bicycle Driving License for students commuting by bicycle(program 3-9)

Introducing the driving license system that the students who violate some rules must take the special guidance lesson, and making them acquire the traffic rules and manners of bicycle.

⑤ Inspecting the dangerous points around school (program 4-9)

Inspecting the dangerous points around school zone with the parents.

6 Maintenance check of the bicycle(program 5-6)

The Traffic Committee leads the maintenance check of the bicycle light and brakes.

(7) Considering wearing helmets for students commuting by bicycle(program 5-9)

Considering the students wearing helmets to prevent of the head injuries in commuting by bicycle.

Analyzing the report of traffic incidents

Analyzing the report of traffic incidents written by students who had the incidents.

Traffic guidance of bicycle by the traffic section (teachers)

Teachers' doing traffic guidance all around the school when students leave school all at once such as during exam period.

2. Mental aspects

The conditions of the occurrence of injuries

- In 2014, the most reasons of counselling were distress related to school life (39.5%), then school refusal (17.8%) and friends affairs (15.8%) were following. (Fig.3-17)
- Some troubles between students have broken out through using Social Networking Service. (Fig.4-12)



The significant tasks and the measures

☆Cultivating the efficient relationship

Measures

① Questionnaire for the prevention of bullying

Carrying out the questionnaire related to bullying for all students once a semester.

② "The campaign for cultivating the efficient human relationship" by the headquarter of students' committees (program 5-8)

The students belonging to the headquarter of students patrolling inside the school buildings during break time and speaking to other students.

③ Questionnaire for Students' School Life (program 4-1)

Carrying out the questionnaire related to students' school life, and researching the students' personalities, ideas and friends affairs.

Establishment of cooperating with local governments(Child Consultation Centers • Public Health Institutes)

Establishing the cooperative system to work on students' problems at home and their mental problems, sharing with the information.

(5) The campaign for the prevention of bullying by the headquarter of students' committees.

The member of the headquarter calling for preventing bullying during lunch break on a regular basis.

⑥ Enlightenment for the appropriate use of Social Networking Service

Working on enlightenment for the appropriate use of Social Networking Service to Parents' Association.

Chapter 5 Activities Based on the 8 Indicators

Indicator 1: An infrastructure based on partnership and collaborations, governed by a group of teachers, pupils, technical staff and parents that is responsible for safety promotion in their school; the group should be chaired by a School Board (representative of school policy governance body) representative, with the Headmaster as a co-chair (hereinafter the Safe School Committee);

(1) The organization promoting International Safe School

The organization promoting International Safe School in Urawa Gakuin High School has been renewed since April 2015, in which we have set up the department of health and safety promotion, and then we have also set up the section of International Safe School in this department.

Our students' activities, students' committees, and club activities are all carried out by students themselves proactively. Clinical psychologists are residing in a counselling room (Peer Co. Room) in the health science center, and also school nurses who have a nursing license are residing in the infirmary.

Cooperating with the parents' association and local agencies, we have kept close contact with the Urawa Higashi police station, and have received advice from them.

Furthermore, we keep contact with the Education Board of Saitama City, and also the section of Risk management in the General Affairs Bureau of Saitama City.

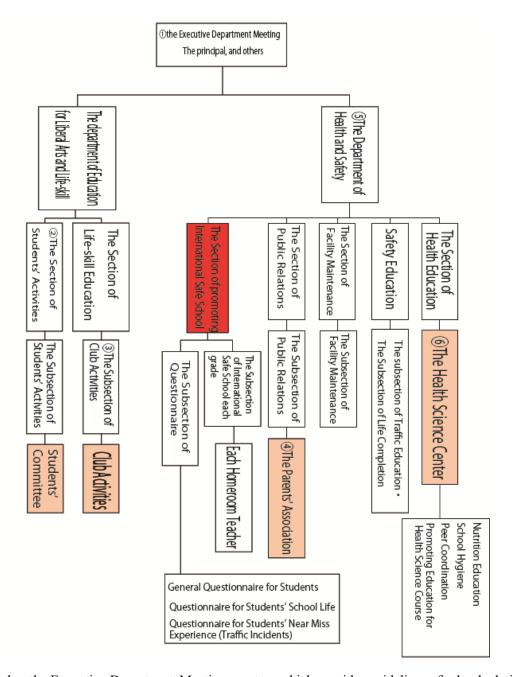
The organization promoting International Safe School (1) Executive Department Meeting The principal, vice principal, and the heads of each department 2 Students' Activities (6)The Health Science Center A Counselling Room (Clinical The Headquarters of Students' Committee psychologists) Infirmary (school The Central Committee (Representatives of The Department of nurses) Health and Safety) each committee) The Section of promoting International Safe School 5) Community Cooperation 3Club Activities Urawa-Higashi Police Station (Meeting of advisory teachers of The Education Board of Saitama-City 4)Parents' Association The General Affairs Bureau of Saitamaeach club) (Captains' meeting) (Meeting of executive directors of parents' association) City (Meeting of directors of parents' association)

Fig.5-1 The organization promoting International Safe School

(2) Framework of Urawa Gakuin High School

① Organization of the school staff

Fig.5-2 Organization chart of the school staff



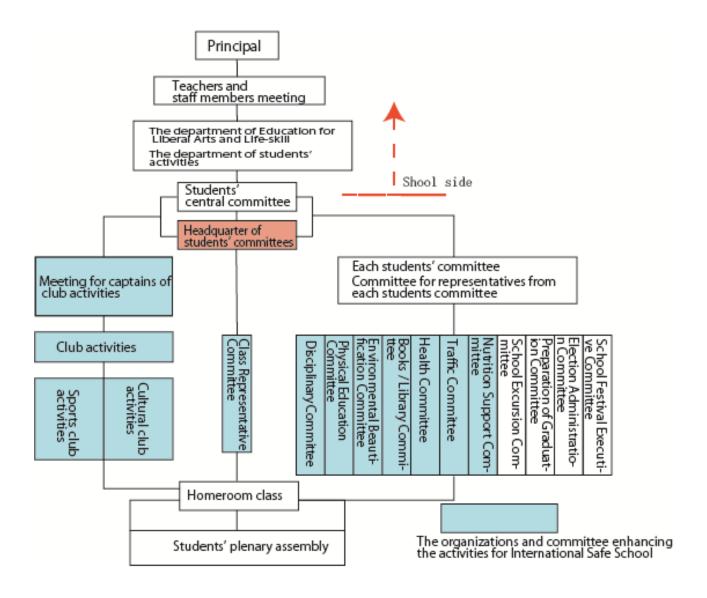
The organization has the Executive Department Meeting as a top, which provides guidelines of school administration.

The staff in each department considers and takes actions for what they should do for International Safe School.

Moreover, the section of International Safe School cooperatively operates investigations, foresight, and the prevention of injuries of school settings under the permission of each section director.

2 Organization of students' committee

Fig.5-3 Organization Chart of Students' committee



The organization has the Central Committee as a top.

This committee is set as a representative organization for both each students' committee and the meeting of captains of each club.

Each students' committee is basically held once a month. (except holidays)

In 2016, both students' committees and the meeting of captains of each club have had discussion about International Safe School at least once, also will have further discussion as needed.

	Fig. 5-4 Activities for International Safe School by students' committees				
	① put stickers on the dangerous points in each classroom.				
Class	② tell students not to frisk or play with each other around the dangerous points.				
Representative	3 give the Red or Yellow Card to the students who were warned by their playing with				
Committee	each other around that place by the degree of the danger. The students given the card				
	must do something contributing to the homeroom class.				
	① present attention attracting information about the safety				
	during a greeting exercise in the morning.				
	2 provide a warning with the students walking around the				
Disciplinary	entrance when the school buses coming in and out.				
Committee	③ rouse attention not to slip when raining or not to stumble				
	in a step at the entrance of the 1st school building.				
	④ rouse attention not to slip when raining or not to stumble				
	in a step at the entrance beside the ULT (school library).				
	① make and post a school hazard map.				
	2 make a tour of inspection through cleaning inside and				
Environmental	outside of the school.				
beautification	The state of the s				
Committee	PARTIES THE RESIDENCE OF THE PARTIES				
	① call for the road safety and traffic accident prevention through a broadcast.				
Traffic Committee	② carry out bicycle check (brakes, light, bell of the bicycle) thoroughly.				
	① ourselves carry out the preparatory exercises or warming				
	up thoroughly to prevent injuries.				
DI . 1					
Physical					
Education					
Committee					

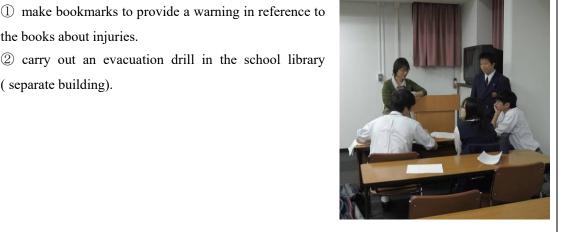
① publish the result of the questionnaires and a school hazard map through a school newspaper called "HEALTH". 2 give some information about the infectious disease prevention, lifestyle, and blood donation, etc. Health Committee



the books about injuries.

② carry out an evacuation drill in the school library (separate building).

Books/Library Committee



- ① call for taking care to eat well-balanced diet.
- 2 publish nourishment newspapers regularly.

Nutrition Support Committee



③ Parents' Association

Activities for International Safe School by Parents' Association

a) AED training session for parents

[Activities] Parents learned how to use AED properly from school nurses, using the special dolls for training. [Future Activities] Continuing the training session next year





b) Simulation Training

[Activities] Parents joined the simulation training for emergency cases with teachers & staff members and students.



c) Understanding the rule of using SNS at home

[Purpose] The number of troubles related to SNS has increased, so this activity improves parents' attention to the potential





d) Inspecting the dangerous points around the school

[Place] Around Higashi Kawaguchi Station and residential streets

[Result] The crossing points in residential streets have poor visibility. Elementary school students also take this area for commuting, so it is very important for our students commuting by bicycle to ride carefully in this area.

(3) Community Cooperation

Fig. 5-4 Community Cooperation

Organization	Relationship with Urawa Gakuin High School
Saitama General Affairs Department	Administrative guidance (Supervisor of private schools)
Private Schools Division	
Saitama Prefectural Police	Guidance of commuting(Bicycle license / Demonstration
	of traffic accidents)
	Activities for the prevention of molestation
Saitama City Fire Department	Evacuation Drill
	Guidance of first aid
Urawa Higashi Police Station	Guidance of commuting and security
Seven school's conference	Conference for sharing information with elementary, junior
	and senior high schools
Japan Red Cross Society	Blood Donation in school





Evacuation Drill(Saitama City Fire Department)

Guidance of commuting(Saitama Prefectural Police)





Activity for the prevention of molestation(Saitama Prefectural Police)

Blood donation(Japan Red Cross Society)

Indicator 2: Safe School policies decided by the Safe School Committee and Community Council in a Safe Community setting

(1) The policy of the Ministry of Education, Culture, Sports, Science and Technology

The Ministry of Education, Culture, Sports, Science and Technology announced the basic policies concerning the school safety promotion for the next five years (2012~2016) in April, 2012, and then recommended the activities taken by the Safe Schools as the ones which were demonstrative and scientific.

- OThe development of measures based on the ideas of Safety Promotion
- · Maintaining, or enriching the gathering system of information about incidents and disasters
- Strengthening the function of analysis and investigation leading to demonstrative safety management
 - · Recommending superior action examples (ISS and so on)

(2) The activities taken by Saitama Prefecture

Promotion of setting up the community schools

① Enlightenment and information service to cities, towns and villages

Saitama prefecture offers educational boards of cities and towns a lot of information about advanced cases and assistance measures such as sending the propulsive staff for community schools conducted by Japan and so on, and analyzed the agendas to promote the schools and considered the measures.(In charge: Personnel Section of elementary & junior high school, Section of Cooperation between home and community)

2 Standardized structured schools leading to future

Promotional committees for establishing schools leading to future are set up in three public schools and the committee promotes the new cooperation style of schools based on the cooperation between schools and parents & local people.

(3) The activities taken by Saitama City

- · October, 2013 Started the research and study of Safe Community
- · January, 2016 Held the 1st meeting of data analysis by Saitama City Safe Community
- March, 2016 Held the promotion council of Saitama City Safe Community
- March, 2016 Declared the start of Safe Community Activities by the mayor

(4) The activities taken by Urawa Gakuin High School

- The measurement for injuries in school life
- The preparation for disasters and renovating the facilities
- The Safe Management for students' commuting
- The measurement for bullying and Domestic Violence

Indicator 3: The long-term, continuous program which covers both male and female students, all grades, environment, and situation.

(1) The long-term, continuous perspective of the program aiming at being the Safe School

- The following table shows the long-term, continuous perspective of the program aiming at being the Safe School.
- This is all the programs gathered according to the target people (such as for students, for teachers and for parents).

Fig.5-4 Whole image of the programs

(3···Education 4···Enforcement 5···Environment)

		Students	Teachers	Parents, People in community
In school	In school building	3-3·3-4·3-8·3-11·3-12 3-13·4-3·4-4·4-11· 4-13·4-15·4-18·4-19· 4-20·4-21·4-22·5-1·5-2	3-3·3-4·3-6·3-7·3-11 3-12·3-15·3-17·3-18 4-2·4-3·4-4·4-11·4-15· 4-18·4-19·4-20·4-21· 4-22·5-1·5-7	3-3-3-12-4-10-4-11
ōl	Outside school building	3-1·3-2·3-5·4-14·4-16· 4-17·5-4·5-5	3-2·3-16·4-2·4-14· 4-16·4-17·5-3·5-4	
Outside school	On the road	3-9·3-10·4-5·4-6·4-7· 4-8·5-2	3-14·3-16·4-5·4-6·4-7 4-8·4-9·5-9	4-8•4-9
school	Others	4-8•5-2•5-6	3-16-4-7-4-8-5-6	4-8
Mental injuries		4-1•5-8•5-10	4-12-5-10	4-12

(2) The program targeted for students, teachers & staff and parents

① Education

3-1 Carrying AED in road trips for baseball club Continu				
Operator Advisors of baseball club				
Purpose	pose To respond incidents and emergency cases anytime and anywhere.			
Activity	Baseball club purchased AED and carries it in road trips.			
Target/Frequency	Students of baseball club Frequency: Road trips			

3-2 Evacuation drill Continua					
Operator The Section of Safety Education, the subsection of Life Completion					
Purpose	To secure students' and teachers' & staff's safety in emergency cases.				
Activity Evacuation drill by using EBS					
Target/Frequency					

3-3 Setting the special section of disasters in the library			Continuance
Operator	School librarians	震災関連資料	
Purpose	To enhance consciousness for disasters.	展及関連資料	
Activity	Setting the section about Great East Japan	The state of the s	
Activity	Earthquake.	U91 U91	2 INTELLINE HEAD
	Students, Parents, teachers and staff	The same of the sa	
Target/Frequency	members Frequency: Full year		

3-4 Lecture meet	ings by academic experts		Continuance
Operator	Professor Mr. Haga from Tsukuba University		
Purpose	To learn the measures of the prevention of injuries, understanding the possible cases of occurring injuries and the students' situations.	高校生活における留意 1. 将来の進路、方向性 2. 睡眠時間 3. 食事・栄養摂取 4. 日常生活、学校生活上での 5. 帰宅後の生活内容 ※ 動喫煙 7. 運動不足	の体調
Activity	About students' health management and the prevention of injuries.		18
Target/Frequency	Teachers, Students Frequency: Once a year		

3-5 The prevention of injuries worked by PE committee		Continuance	
Operator	Students of PE committee		
Purpose	To prevent injuries in PE class.		
Activity	Students belonging to PE committee lead the other students to do warm-up exercise.		757
Target/Frequency	Students Frequency: PE class		

3-6 How to use A	AED and practicing cardiac compression	Continuance
Operator	School nurses	
Purpose	To understand how to use AED and practice cardiac compression.	
Activity	To learn the skills and knowledge for acting properly in emergency cases.	
Target/Frequency	Teachers Frequency: Once a year	

3-7 Emergency Life-Saving Simulation Workshop		Continuance
Operator	School nurses	
Purpose	To acquire the skill that the teachers and staff members who face an emergency situation can conduct properly and immediately on a systematic basis.	
Activity	Practical workshops in case of various emergency situations.	
Target/Frequency	Teachers Frequency: Once a year	

3-8 General lifes	aving lectures · Advanced lifesaving workshops	(Continuance
Operator	Training officers for emergency lifesaving in Saitama City Fire Department, School nurses	The state of the s	
Purpose	To acquire the skills and knowledge of first aid to give emergency medical treatment in case of incidents in club activities.		
Activity	To hold general lifesaving lectures • advanced lifesaving workshops by training officers for emergency lifesaving in Saitama City Fire Department.		
Target/Frequency	Students of Sports clubs Frequency: Once a year		

3-9 Bicycle Driving License for students commuting by bicycle		Continuance
Operator	Teachers, Urawa Higashi Police Station	
Purpose	To understand the traffic rules and manners for bicycle and decrease the number of the incidents related to bicycle.	自転車運転免許証 ### 999999
Activity	Cooperating with the Police, carrying out the bicycle driving tests including paper tests and skill practical tests, and issuing the license.	氏 名 うららちゃん 交付日 平成27年3月31日まで有効 ・ ・ ・ ・ ・ ・ ・ ・ ・ ・ ・ ・ ・ ・ ・ ・ ・ ・ ・
Target/Frequency	Students Frequency: Once a year	

3-10 Incident-De	emonstrational Training Session		Continuance
Operator	Teachers, Urawa Higashi Police Station		
Purpose	To feel the importance of traffic rules by observing the demonstration of dangerous actions.	のできれています。 ・ Paractivity で スケアート・ストヒート	
Activity	To understand the possibly frequent cases of traffic incidents given demonstrations. This event was broadcasted by TV Saitama.		
Target/Frequency	Students Frequency: Once a year		

3-11 Blood Donation		Continuance	
Operator	Japan Red Cross, School nurses		
Purpose	To think the importance of life and social contribution through blood donation.	GP2 MISSING	
Activity	To carry out blood donation by cooperating with students and teachers & staff in school.	T market core.	
Target/Frequency	Students, Teachers and staff members Frequency: Twice a year(3rd year students and 1st and 2nd year students separately)		

3-12 Lecture med	etings by afflicted people of Great East Japan Earthquake	Continuance	
Operator	Operator Mr.Hatakeyama, the former principal of Kitakami Junior High School, Ishinomaki City		
Purpose	Purpose To learn the importance of life and enhance the consciousness of disasters.		
Activity Lecture meetings about the experience of Great East Japan Earthquake.			
Target/Frequency	Teachers and Staff members, Parents, Students Frequency: Once a year		





3-13 Setting up S	School special posts called "U便ポスト" (a direct commen	t box to principal)
Operator	Principal • Administrative Staff	
Purpose	To collect direct opinions and suggestions from students and teachers & staff to improve school environment.	以便求スト位置
Activity	To collect students' opinions by"U便ポスト"(a direct comment box to principal)and to seek better environment for students.	SE E E C. SEPTIME DE L'ANGEL DE
Target/Frequency	Students Frequency: A/N	115 10

Actual improvement from a student's suggestion by "U便ポスト"

Setting up mirrors for the prevention of the crash near staircases

(student's suggestion)





Continuance

3-14 Checking st	tudents' commute around Higashi Kawaguchi Station	n and outside school	Continuance
Operator	Teachers and Staff members		a a
Purpose	To ensure the students's afety around the bus stop and guide the safe commuting.		
Activity	Giving guidance of students' waiting for school buses in a line and crossing roads safely.		TO THE R
Target/Frequency	Students Frequency: School open days		

3-15 Patrolling in the library Continuance		
Operator	Teachers	
Purpose	To protect students in the library from suspicious people and improve using the library.	students'manner for
Activity	Patrolling in lunch time and after school.	
Target/Frequency	Suspicious people, Students Frequency: Every day	

3-16 Setting up s	security cameras		Continuance
Operator	Teachers and Staff members		
Purpose	To prevent incidents including suspicious people breaking into school.	TÚ	0 1 Out
Activity	Setting up security cameras, which has recording system, to check the entrances of each building.		0,0
Target/Frequency	Students, Suspicious people Frequency: Anytime	EPON E A B B B B B B B B B B B B B B B B B B	Taga .

3-17 Making the	Continuance		
Operator	Section of Safety education, the subsection of Life	浦和学院高等学校 防災マニュアル 自然災害・火災対策編 (地震・雷・竜巻・火災) ^{選輯三届同} 1、マニスアルもたに関係及に消収な対応をする。 2、最後とつぐ。 3、東先して生後を選集・情報する。	
Purpose	To facilitate teachers' and staff members'actions in emergency cases.		
Activity	2		
Target/Frequency	Section of Safety education, the subsection of Life Completion Frequency: Every year	平成27年	E度 9月編

3-18 Maintenanc	e of appointments for disasters	Continuance
Operator	Administrative office	
Purpose	To ensure appointments for disasters • emergency food.	防災倉庫
Activity	Blankets, electric generators, water supplies, long-term preservative food in three storehouses.	初文启庠
Target/Frequency	Students, Parents, Teachers and Staff members Frequency: Full year	

2 Enforcement

4-1 Questionnaire for Students' School Life		
Teachers and Staff members		
To research and understand students'life style.	平成 28年度版	
Urawa Gakuin High School carries out a questionnaire related	学校生活アンケート	
to students'school life and based on the result, the school	URAGAKU	
understands their life style and urges them to improve it.		
Students Frequency: Once a year	この冊子はアンケート終了後間収します。	
	N N 8 NS	
	Teachers and Staff members To research and understand students'life style. Urawa Gakuin High School carries out a questionnaire related to students'school life and based on the result, the school understands their life style and urges them to improve it.	

4-2 Carrying mobile phones with teachers in school New			
Operator	Teachers and Staff members		
Purpose	To contact anywhere in school in emergency cases.		
Activity	Teachers and staff members always carry their mobile phone with them when they move inside		
	and outside school as the means of emergency contact.		
Target/Frequency	Teachers and Staff members Frequency: Anytime		

4-3 Posting the emergency action chart			New
Operator	Teachers and Staff members	緊急時の対応	教命措置開始
Purpose	For everyone to act properly and immediately	意識確認 「大丈夫ですか」 ツネル	海骨丁(名)開始 編集を支援できませた。 株式機能がある。 株式機能がある。 株式機能がある。 株式機能がある。 株式機能がある。 株式機能がある。 株式機能がある。 株式機能がある。 株式機能がある。 ・・・・・・・・・・・・・・・・・・・・・・・・・・・・・・・・・・・・
	in emergency cases.	反応 無し 又は わからない 大声で周りに応援委請・胸骨圧迫開始	製造の確保 脚を下げ、アゴを上げ 呼吸の確認 胸の上下動を見る
	Posting a chart which shows the emergency	119番通報 AED要請	デ 表 新 し 利断できない場合も 人工呼吸(胸骨30:人工呼吸2)
Activity	action when a student suddenly collapses from	伝えること ・通知学院高校 本務宮 放置集所 ・通報者の氏名・ ・縁取代以工変法 878- ・御歌代以工変法 878-	AED到着 ・ AED使用 のでは、
	loss of consciousness in classroom.	・意識、呼吸の状態 ・性別	保険者が勤き始める症。教急隊に引き継ぐ症。
Target/Frequency	Teachers & Students Frequency: Full year	- 学生が聴食が 倒れている場所	救急隊到着 引継ぎ 状況報告

4-4 Carrying "en	nergency action list" and "an ambulance call check list" in emergency	cases	New
Operator	Teachers and Staff members		
Purpose	To act properly and swiftly in emergency case.	<	
	Putting the emergency lists in class rooms for teachers and student	C	体有能へ行って
Activity	to always act properly and swiftly in emergency cases.	A	AEDを持ってくる。
,			2
Target/Frequency	Teachers & Students Frequency: Full year		

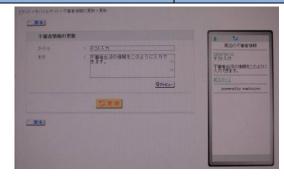
4-5 Questionnair	e for Students' Near Miss Experience Research and Review	New	
Operator	Teachers	平成26年度 交通事故防止のための「マイ ヒヤリ・ハット マップ」 自分の通学力法を全て〇マ県ハマ 学年 級 番 氏名	
o p o i wici	Remembering various kinds of experience related to traffic	名称	
Purpose	incidents, and making each student feel the danger of	自分の適学経路での「マイ ヒヤリ・ハット マップ」を作成しよう…2年期的策式提出。 自在を出てから、本役に発着するまで、ヒヤラ・ハット」する展示は必ずあります。 PCからマップを印刷して下記に貼り付けてください。 「セヤリ・ハット」する信頼原に-添えや印をつけましょう。尚、手書きでも可とします	
	traffic incidents.	が、丁寧に作成してください。複数箇所作成する場合は裏面を使用してください。 ヒヤリ・ハットマップ作成箇所・自分が作成したマップに置てはまる記号を○で囲み作成しましょう。	
	Writing about the near miss experience leading bicycle	版(エレエウ。 A 自 也 - 最客駅 : ・・・ 駅構内 C 学校の最客駅 - ・・・ 駅構内 C 学校の最客駅 - ・・ 交通力圧(後歩 バス 自転車) (2) 自 ペー学校・・・ 交通力圧(極転車 後歩)	
Activity	incidents around students, and sharing their experience	B その他・・・・()	
	with all of them.	and the state of t	
Target/Frequency	Students Frequency: Once a year	The same of the sa	
		保護者印 (個)	

4-6 Making a Ma	ap for showing the sites of "Students'Near Miss Experience"	New
Operator	Teachers	
Purpose	To make students understand the dangerous spots in students-commuting careful attention.	g roads and have the
Activity	Researching the dangerous spots in students-commuting roads and then m the dangerous spots.	aking a map to show
Target/Frequency	Students Frequency: Once a year	

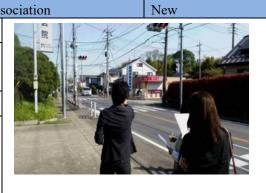
4-7 Recording th	e situation and causes of traffic incidents by the report of a traffic accid	lent	New
Operator	Teachers		2018 NO 2018 1204 1205 12018 1200 NO
Purpose	To record the causes of incidents and prevent the same kinds of	本人と事故の名の	生徒交通事故発生報告書 * A = E = E = E = E = E = E = E = E = E =
1	incidents again.	\$10 H Q. II	(300-700-6000) 2号 銀数では(3000-000-60-7429-6000)) A.S.
Activity	After a traffic incident happens, the student involved in the incident submits the report of a traffic incident to school.		数据者 9 本 第(後の・長り・ホッカーその後))) 選問の次 密想 (会話は上・毎ペ・ロットでの近)) 様式 保いていか・通力での・通っている・でのから)) を経 (年上 上 1 年) 下記 (日 1 日))) 第二年 (日 1 日))
Target/Frequency	Students Frequency: At the time when an incident happens.	新提供 A D M C	BEALTHER BRIGHER CRATACE THERA
		無限の状態 物能の人の信息	#20(4-M) HA(4-M) HANDS 50 KD (4/-M) MANA(MAN)
		183,000 8 1 8 5 CO	(MATCHS - MATCHSH-)
		を登けれ (場所を入業) 単数10回とつって 適当を分う。 一次後担利が長年	因此所能 原本起达本社以一类属年度扩大(原集的统行)一生发现是此人一学年度的 安于拉州等战队一般是《史史是高的代目报》一张明一《初后的

4-8 Delivering Information by special e-mail service called "Machi Komi Mail" (Alert of New suspicious people, disasters, etc.)

	, ,	
Operator	School Information Center	
Purpose	To deliver emergency information to students, parents and teachers & staff members.	
Activity	Announcement of emergency cases.	
Target/Frequency	Students, Parents, Teachers and Staff members Frequency: A/N	



4-9 Inspecting the dangerous points around school with Parents' As		
Operator	Parents' Association Safety section, Teachers	
Purpose	To ensure the safety of school- commuting	
	roads.	
Activity	Inspecting the dangerous points around school.	
	Students Frequency: A/N	
Target/Frequency		



4-10 Enforcement of AED class targeted for parents				
Operator	Parents' Association (Safety Measures			
	Department, Teachers			
Purpose	To acquire how to use AED properly.			
Activity	To operate AED by using simulators.			
	Parents' Association Frequency: A/N			
Target/Frequency				



4-11 Participation of AED work simulation			
Operator	Parents' Association, Teachers, Students		
Purpose	For an emergency simulation by using AED.		
Activity	To carry out an emergency work simulation by assuming a situation where a student fell down to.		
Target/Frequency	Students, Parents' Association, Teachers Frequency: A/N		



4-12 Investigatio	on of establishing the rules of the SNS use at home	
Operator	Parents' Association, teachers	
Purpose	Decision in families about the SNS use.	
Activity	To investigate problems by using KJ method. (Affinity Diagram)	
Target/Frequency	Parents' Association, teachers Frequency: A/N	

New

4-13 Activities o	f Class Representative Committee	New
Operator	Class Representative Committee	
Purpose	To reduce injuries in classroom.	
	① Putting stickers on the dangerous points in each classroom.	
	② Telling students not to frisk or play with each other around the dangerous points.	
Activity	③ Giving the Red or Yellow Card to the students who were warned by their playing	with each
	other around that place by the degree of the danger and making the students given the card	
	do something contributing to the homeroom class.	
Target/Frequency	Students Frequency: A/N	

4-14 Activities o	f Disciplinary Committee	New
Operator	Disciplinary Committee	
Purpose	To prevent incidents and injuries.	444
Activity	 Presenting attention attracting information about the safety during a greeting exercise in the morning. Providing a warning with the students walking around the entrance when the school buses coming in and out. Rousing attention not to slip when raining or not to stumble in a step at the entrance of the 1st school building. Rousing attention not to slip when raining or not to stumble in a step at the entrance beside the ULT (school library). 	
Target/Frequency	Students Frequency: A/N	

4-15 Activities o	f Environmental beautification Committee		New
Operator	Environmental beautification Committee	校内のプーF [aevy]	[3-78 (-7 (-9)]
Purpose	To prevent incidents and injuries • To improve the	WAP THE PROPERTY OF THE PROPER	HE HE HE 校 系
	school environment.	# 10 10 10 10 10 10 10 10 10 10 10 10 10	1-0 1-P 1-Q
	①Making and posting a School hazard map.	150 150	1-1 1-1 1-X
Activity	② Making a tour of inspection through cleaning	A SE	1-2 1-5 1-1 1 7 2 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
	inside and outside of the school.	1/200-7	2 2-19 (A.M.) 18 18 18 18 18 18 18 1
Target/Frequency	Students Frequency: A/N		4

4-16 Activities o	f Traffic Committee	New
Operator	Traffic Committee	
Purpose	To prevent incidents / Enlightenment of the traffic manner.	
	① Calling for the road safety and traffic accident prevention through a broadcast.	
Activity	② Carrying out bicycle check (brakes, light, bell of the bicycle) thoroughly.	
Target/Frequency	Students Frequency: A/N	

4-17 Activities o	f Physical Education Committee		New
Operator	Physical Education Committee		Marie Sur
Purpose	To prevent injuries in PE class.	是一种用	
Activity	Carrying out the preparatory exercises or warming up thoroughly to prevent injuries.		
Target/Frequency	Students Frequency: A/N		

4-18 Activities o	f Health Committee		New
Operator	Health Committee		
Purpose	Enlightenment about health and the injury.	松を介して棚のする「ジカウィルス県全位(ジカ族)(根金位法第4種組織会)がブラジルなど 中期を石中もに発行しています。WriO(世界保護機関)は2月1日に今後国際的に没行する秘密 があるとして「実施等監督」をした。まだ日本語かての外立はありませんが、没行地域のブ ラジルに再発送のある日本人展記まが帰るしてして行機を行ています。	
Activity	 Publishing the result of the questionnaires and a school hazard map through a school newspaper called "HEALTH". Giving some information about the infectious disease prevention, lifestyle, and blood donation, 	今年以下分別のジャラシャライロ国際が確認ではまま、場合の会社人の学を公告とこから 書名と大学物画といいます。力かった人の名様を(リア制)といいてELA VW報告を与、特色 しきしたう。 (本種を)・ファイルスが振り ・金種様を・プァイルスが振り ・金種様を・プァイルスが振り ・金種様を・プァイルスを ・ サービルンとしては、日本のサイル、日本のよのからから 新聞により回るすることではありかった。力を含まったのとから 新聞により回るすることではありかった。力を含まったのとから のまでは、そのから、日本のよりでは、またが、アイル ・ は、これのようによっては、これのよりでは、またがないとなった。 「また、日本のジャイルでは、日本のよりでは、これのような。」 また、日本のジャイルでは、日本のは、日本のよりでは、日本のよりシャイ して、ためのがま。「また、日本のよりでは、日本のよりシャイ して、ためのがま。」また、日本のよりでは、日本のよりシャイ して、ためのがまった。「日本のような」というない。 「日本のまたのなどのでは、日本のよりでは、日本のよりシャイ して、ためのがまった。」 「日本のまたのなどのでは、日本のようなとなった。」 「日本のまたのなどのなどのなどのなどのなどのなどのなどのなどのなどのなどのなどのなどのなどの	
	etc.	他の来よけエアルーや地位の資産を使用するだだ。他に向け口は「工夫をする の形があります。 グラカウィルス番集他(グラ斯)の指針地に関することを抱える。 他に、指導ののび立はは他を手を上ているのは、流行法。他は小の 選手・発生を他な型の形式よしょう。 潜途の形式を開発して、万世、新に関すている中間発生、	
Target/Frequency	Students Frequency: A/N	商品(別の内心を担かれた)。 、	

4-19 Activities o	f Books/Library Committee	New	
Operator	Books/Library Committee		
Purpose	To reconsider International Safe School through		
	reading books / Enlightenment about the disaster		
	prevention awareness of students.		
	① Making bookmarks to provide a warning in		
A -4::4	reference to the books about injuries.		
Activity	② Carrying out an evacuation drill in the school		
	library (separate building).		
Target/Frequency	Students Frequency: A/N		

4-20 Activities o	f Nutrition Support Committee		New
Operator	Nutrition Support Committee	ないよう。 Acap Billion からだを進める食材とその料理	
Purpose	Enlightenment of students' consciousness	● ではないです。	
	improvement for health by reconsidering how to get	A.B. Ibld. Ch. Att. Iden. Anti-y. 19916 A.B. Ibld. Ch. Att. Iden. Anti-y. 19916 A.B. Ibld. Ch. Att. Iden. Anti-y. 19916 Anti-y. 1991. Ibld. Ch. Att. Iden. Anti-y. 1991. Ch. Att. Iden. Anti-y. Iden. Anti-	養 新
	and balance of their meals.	スカール データー スカール アード・スター スカール アード・スター スター スター スター スター スター スター スター スター スター	Eall
	①Calling for taking care to eat well-balanced diet	CRANCES - BREAKEN CHOLOGIS	聞
Activity	② Publishing nourishment newspapers	されているこのうかされぞれの名の食料の食食と 効果を具体的に見ていきましょう	V o.1.24
	regularly.		2014.2.19 ANDTHAN DECEMBER
	Students Frequency: A/N	しょうが・重学子 ###################################	・C や82を多く金み機能 20分異点の機能に従立り参 してもを根据の代表です。 う成分に対象性を構在さ によってきるく金を利生活 並があります。
Target/Frequency		からしている。 マック・マック・マック・マック・マック・マック・マック・マック・マック・マック・	しいを研究をたくさん食

4 –21 Activity	of the central committee	New
Operator	central committee	
Purpose	I examine it a student-centered, what it will be possible for for further security with swing return marks about the ISS activity (thing about the mental and physical security) that each committee goes for in future.	
Activity	I discuss what kind of activity you carried out in each committee and look back and fill in a seat. I gather the chairpersons of each committee and I look back and perform announcement and an understanding based on a seat and gather up the result to Japanese vellum.	
Target/Frequency	Students, Frequency: A/N	

4-22 Activity	y of the captain meeting		New
Operator	captain meeting		
Purpose	Will a student-centered in future, it is possible for what with the swing return marks which what did by each club activity or, for the injury at the time of club activities and the infectious disease prevention and decrease, examines it.	ARY SOLAL SENX	
Activity	I announced it after gathering the directors of each club activity, and looking back, and having filled in a seat. I made a group based on it and I performed talks and settled the result to Japanese vellum.		3.
Target/Frequency	Students, Frequency: A/N		

③Environment

5-1 Making the h	azard map in school	Continuous
Operator	Teachers and Staff members	[簿和学院 校内危険マップ] #354.12 - ※毎長用・
Purpose	To prevent injuries and incidents.	10 00 - 10 10 10 10 10 10 10 10 10 10 10 10 10
Activity	Showing the map in teachers and staff members meetings and promoting them to pay more attention.	### ### #### ###################
Target/Frequency	Students, Parents, Teachers and Staff members Frequency: Full year	THE PARTY OF THE P

5-2 Announceme	ent about the prevention of incidents and troubles by school broadcasting system New
Operator	Traffic Committee
Purpose	Safekeeping of bicycle and the prevention of incidents.
Activity	Announcement about the prevention of incidents and troubles by school broadcasting system.
Target/Frequency	Students Frequency: A/N

5-3 Workshops f	or the prevention of injuries		New
Operator	Teachers of PE and Sports clubs		
D.	Considering the prevention of injuries and trying to		A
Purpose	decrease the number in PE class and club activities.		74
A .: :	Discussing the measures in the groups consisted of		
Activity	teachers of PE and Sports clubs	1 and	
	Teachers of PE and Sports clubs Frequency: Once a	9	
Target/Frequency	year		

5-4 Workshops fo	or the prevention of injuries in club activities		New
Operator	The Subsection of Promoting ISS, Teachers of the Headquarters of Students Committees		
Purpose	Considering the effective measures to decrease the number of injuries in club activities by the students.	2 2 5 9	85359
Activity	Discussing in the groups consisted of captain of clubs.	10	
Target/Frequency	Captains of Sports Clubs Frequency: once a year		

5-5 The prevention	on of injuries worked by PE committee		New
Operator	Students of PE committee	TO LET	
Purpose	To prevent injuries in PE class.		
Activity	Students belonging to PE committee lead the other students to do warm-up exercise.	HARMA	3
Target/Frequency	Students Frequency: PE class		13

5-6 The guidance	e of traffic safety in lectures, self-studying, and camps	New
Operator	Teachers and Staff members	
Purpose	To teach traffic safety in hike of Guidance Camp.	
Activity	The guidance of traffic safety by teachers in charge.	The second second
	Students, Parents, Teachers and Staff members	The state of the s
Target/Frequency	Frequency: Once a year	

5-7 Workshops fo	or Health & Safety		New
Operator	School nurses	T	-
Purpose	Holding workshops about emergency lifesaving in every teachers meeting.		
Activity	To acquire the knowledge of emergency lifesaving and infectious diseases.	・ルスをセーフ語名 name and services	
Target/Frequency	Teachers Frequency: teachers meetings	An I The	A. Committee

5-8 Campaign fo	or the prevention of bullying	New	
Operator	Students Council and teachers of the council		
Purpose	The prevention of bullying.		
Activity	Patrolling during a break and calling for the prevention.	*バじの接流 キャンペーン キャンペーン *** ※簡中 **** **** ***** ****************	
Target/Frequency	Students Frequency: Full year		

5-9 Considering of wearing helmets for students commuting by bicycle		
Operator	Teachers	
Purpose	To prevent head injuries of students commuting by	
	bicycle.	
Activity	Considering of making it obligatory for students to wear	
	helmets.	
Target/Frequency	Teachers Frequency: A/N	W. 5

5-10 "Peer Co	. Room"	Renew
Operator	Clinical psychologists	Door - Co. II
Purpose	To care students' mental health.	PeeroCo.JV—A
Activity	Supporting students' life both in school and at home.	次回は月日日
	Students, Parents, Teachers and Staff members	にお待ちしています。
Target/Frequency	Frequency: A/N	担当: <u>Tel048-878-2001</u>

Indicator 4: Programs that target high-risk groups and environments, and programs that promote safety for vulnerable groups

(1) Injuries Prevention Program

Recently, students are less likely to have an activity play after school, the resistance against injuries and the ability to perceive the sense of imminent danger becomes low. Cases of injuries and emergency are most likely to occur during physical education class.

In addition, Urawa Gakuin High School is known for its club activities and gained the highest number of club activities in the nationwide level. Therefore, practice tends to be difficult and has possible risks of acquiring injuries.

① Emergency Life-Saving Simulation Workshop

Urawa Gakuin High School works out practical workshops in case of various emergency situations so that the teachers and staff members who face an emergency situation can conduct properly and immediately on a systematic basis.



2 Setting up the AED

Automatic External Defibrillators, "AED" are set in every school building and facility, and in road trips of some clubs, AED are carried with the other important belongings by teachers.



(2) Fire and Disaster Prevention Program

At the time during the occurrence of the Great East Japan Earthquake, none of the students acquire any injuries, but there were many students experience difficulty in going home.

In preparation for the next large earthquake, increase awareness in fast evacuation time and fire and disaster prevention is necessary.

① Evacuation Drill

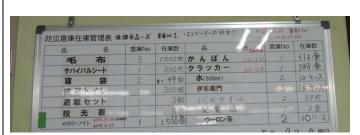
Urawa Gakuin High School works out practical evacuation drill including evacuation followed by EBS, fire extinguishing training and simulated experience of the huge earthquake in the special automobile in order to secure the students' and teachers' safety in emergency cases.





② Maintenance of appointments for disasters

Urawa Gakuin High School stores blankets, electric generators, water supplies, long-term preservative food and so on in three storages as appointments for disasters and emergency food for students, teachers and staff members who may have difficulty going home.





3 Changing the doors of emergency exits

Urawa Gakuin High School changed the double doors from single swing doors to pass through more easily in emergency cases.



(3) School building improvement and repair program

Urawa Gakuin High school has opened for more than 35 years, improvement, renovation and setting barrier free of school building are needed. Furthermore, the overall number of students in school is more than 2800 students, the number of students using the hallway during break time and transfer of classes are very high and it is prone to acquire injuries and there are parts inside the school which tends to be slippery during rainy weather. Paying attention of students and improvement and renovation of school facilities are also necessary.

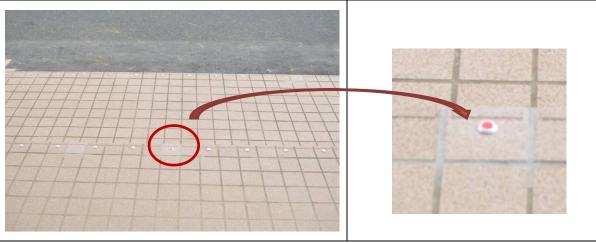
① Setting up the shock-absorbing rubbers

Urawa Gakuin High School set up the shock-absorbing rubbers in external staircases to prevent the tall students from hitting our heads.



2 Setting up the slip resistance

Urawa Gakuin High School laid the slip resistance in some slippery spots such as hatches and connecting corridors.



(4) On the way and from school traffic safety program

Urawa Gakuin High School is distance away from any of the nearest train station like JR Higashi Kawaguchi train station, Higashi Urawa train station and Omiya train station from that most students use bicycle as their mode of transportation to get to school. Transporting on narrow road areas results to build up of traffic especially from the time where student are on their way to school and coming home from school, therefore the risk of acquiring injuries is around 15% second to physical education classes that most number cases of injuries in the school has been recorded. (ref.to p7 of health infirmary data) In addition, the school entrance gate is use as the pathway for entry and exits of school bus, bicycle, and pedestrian and there is a possible risk of being struck by a vehicle.

① Dealing with road incidents

The road and sidewalk near the school is very narrow, volume of traffic causes the area to be an incident prone. In addition, pedestrian and bicycle tend to cross diagonally without using the pedestrian crossing that can cause the risk of being struck by any vehicles.

With the cooperation of Urawa Higashi police station posting of road precautions and spreading awareness is being conducted and regularly the teachers stand near the pedestrian crossing to guide the students.





Diagonal across intersection can cause the risk of being struck by vehicles.

Urawa Higashi police station is also spreading bulletin outlining road precautions.





· Bus stop near the school

The road is narrow where passing of bicycle is also difficult and in some cases you can not walk along the side walk due to the line of people waiting in the bus stop. · Intersection near the school

Long waits at traffic signals to change causes cars and bicycle to be in faster speed and through this we must pay a careful attention.





Many bicycles drift across diagonally without using brakes while vehicles are waiting for traffic signals to change, and this increases the risk of possible collision from vehicles. It will be dangerous in front of the pedestrian crossing when the bus has stopped at the red circle stated above because it will remain in a blind spot.

As described above there a lot of hazardous area around the school premises. During assembly the school raise awareness about the different road precautions, bicycle license system and guidance patrol by teacher • parents/guardians are being performed.

In addition, Urawa Gakuin High School is looking forward to a guidance system in which local communities are more involve in the future.

2 Improving the road surface around the gate

Urawa Gakuin High School set the vehicular lanes and improved the road surface to prevent incidents on a school premise.

Before construction





Problem points: There is a risk of acquiring injuries because the pedestrian area, bus and bicycle lane have not been divided. The most passable road surface has a hole and there is a risk for students riding in a bicycle to overturn.

After construction



Repaired points: A part in the pedestrian lane was divided and painted in color red. A hole repair in the road surface of the above mentioned area where bus and bicycle are passing was also completed. It separates the school bus from the pedestrian lane at the time of congestion and reduces the cases of injuries. Establishment of traffic zone for bicycle is also kept in view in the future.

Indicator 5: Programs are from the Scientific Knowledge Base

① Workshops for the prevention of injuries in club activities

The students voluntarily consider decreasing injuries in club activities each other. Captains of each club discuss the measures.



② Activities for the prevention of injuries in PE

At the beginning of every PE class, the teacher and the student who belong to PE Committee lead the other students to do warm-up exercise well to prevent injuries.





3 Research for the dangerous spots in school zone by the Parents' Association

The teachers and the parents research for the dangerous spots in school zone, and then make the presentation about the result in the meeting of the Parents' Association so as to secure the students' safety.



④ Committee for the prevention of bullying

Urawa Gakuin High School carries out the questionnaire for the prevention of bullying which is multiple-choice every semester from this year, and by analyzing the data, tries to prevent the potential cases related to bullying.

⑤ Traffic instruction when students' leaving school all at once

When students leave school all at once, teachers are divided into groups of around ten, and do traffic instruction in pedestrian crossings around the school.

6 Maintenance check of the bicycle

The Traffic Committee leads the maintenance check of the bicycle light and brakes.

② Bus Boarding Instruction and Enlightenment of the manner in the public transport

Teachers call for the improvement of the manner in the public transport at the school bus stop (at Higashi Kawaguchi) and at the public bus stop (at Omiya) every morning, by instructing students how to form a line in order not to trouble others.

® Collecting students' experiences that were about to become the traffic accidents

We collect all the students' experiences that were about to become the traffic incidents, and publish the names of students for excellent works. We also attract students' attention by posting dangerous spot maps which were made by students' experiences.

Indicator 6: Programs that document the frequency and causes of injuries – both un-intentional (accidents) and intentional

Urawa Gakuin High School holds the original program to collect the data for various kinds of injuries, and grasps the occurrence of injuries in school and in local communities.

Fig. 5-5 About injuries

Classification	Category of injuries	Method of recording	Aggregate
			frequency
	① Injuries including	By the special form, "Record of Injuries" in school	Once a month
	minor ones	infirmary, collecting the information of injuries &	
		incidents and conducting statistical processing.	
Physical injuries	② Injuries required to	In order to claim students' disaster- medical	Once a month
	see a doctor	payment under control of school, submitting the	
		records that are obligatorily sent to Japan Sport	
		Council to cities.	
	③ The number of	Examining all students if they are suffering from	Once a semester
Mental injuries	potential cases related	bullying or have witnessed the other's bullying.	
	to bullying		

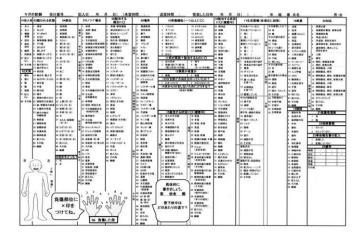
(1) The record of injuries in school

① Collecting the data of injuries including minor ones (School Infirmary Data)

Urawa Gakuin High School holds the data input system to encode the record of injuries in school.

The forms the students fill in when they use the infirmary are varied, depending on injuries and diseases, and the students check detailed multiple parts respectively, such as "who", "when", "where", "which site", "kind of injuries", "treatment" and "handling".

Based on the special form on the right side, the staff of Health Science Center input the answers to the database. After tallying the data regularly, the center releases the occurrences of injuries by posting and so on to promote the prevention of injuries.



② Collecting the record of injuries required hospital treatment ("Disaster-relief Benefit Data")

In injuries occurred in school, the injuries whose treatments cost more than 5,000 year are reported to Japan Sport Council, and "Disaster-relief Benefit Data" is taken advantage of at that time.

③ Finding the potential cases related to bullying

Urawa Gakuin High School researches students' mental state by the questionnaire for the prevention of bullying carried out every semester.

The questionnaire enables teachers to find the potential cases related to bullying earlier.

Indicator 7: Evaluation measures to assess school policies, programs, processes and the effects of change

(1) Physical aspects

① Inside school

Events		Evaluation	
	Mind	Actions	Situation
① Meeting of club activity advisers (5-3)	Implementation of questionnaire related to injury	 Implementation of questionnaire 	Accumulation of opinionsfrom club advisers and captainsAnalyzing questionnaire
② Meeting for captain of	Implementation of	Implementation of	related to injury • Analyzing questionnaire
club activities (5-4)	 questionnaire related to injury Submission of reaction paper The data of medical interviews by school nurses in the school 	 The data of each club activity using the school infirmary The data of medical interviews by school nurses in the school 	 Analyzing questionnalic related to injury Analyzing the records of the students visiting the school infirmary and the data of medical interviews Analyzing the records of
	infirmary	infirmary	injuries by each club activities • The accumulation of information by the data of the application of benefits from NAASH
③Students' Central Committee (4-20)	 Implementation of questionnaire related to injury Submission of reaction paper 	 Implementation of questionnaire 	・Analyzing questionnaire related to injury ・Collecting the students'ideas, suggestion and opinions with the special post called "U 便ポスト"
Activities of Physical Education Committee (4-17)	 Implementation of questionnaire related to injury The data of medical interviews by the school nurses in the school infirmary 	 Implementation of questionnaire The data of medical interviews by school nurses in the school infirmary 	 Analyzing the questionnaire related to injuries Analyzing the records of the students visiting the school infirmary and the data of medical interviews
⑤Lecture meetings by academic experts (3—4)	Analyzing the questionnaire conducted after the lecture	Implementation of questionnaire	Analyzing the questionnaire related to injuries and the questionnaire conducted after the lecture

Maintenance of the grounds, facilities and instruments (5-5)	Implementation of questionnaire related to injury	Implementation of questionnaire	 Analyzing the data of researching for the safety of the facilities, instruments and equipment related to Physical Education
⑦ Creating injury recording notebook for the sports department	State of recording on the injury recording notebook Implementation of questionnaire related to injury	State of recording on the injury recording notebook Implementation of questionnaire	Encoding the information of the record of injuries and analyzing it
Investigation of motor skills with the students	Implementation of questionnaires related to injury Implementation of sports test	Implementation of sports test	Analyzing the result from the sports test
9Considering the new curriculum of PE class	The further consideration	is needed.	

Situation in 2015

- The number of the injuries was 690 cases, which means 100 cases were decreased from the number last year(790 cases).
- The number of the students(In 2014=2496: In 2015=2640)
- 75 cases of the total number of the cases in school were the cases of hospital treatment.
- The number of application for Japan Sport Council (In 2014=113)
- More injuries were occurred in PE class (31%) and club activities (36%) this year. (Fig.3-21)
- The places where more injuries were occurred were Gymnasium(111 cases) Ground 1(87 cases) Soccer ground(68 cases)as well as the places last year, but the number of injuries in each place fewer than last year's. (Fig.3-23)

[Subject of Investigation]

- Implementation of questionnaire asking the devise and awareness to warm-up exercise.
- Studying methods to enhance the basic motor skills of students.
- · Reconsideration of the school curriculum.
- Investigation related to safety awareness for teachers.

② Outside school

		Evaluation	
Events	Mind	Actions	Situations
① Investigations based on "sharing of experiences on potential involvement to an incident" (Students)(4-5)	Analyzing on "Experiences that is near to become an incident"	Implementation of Questionnaire	Collection of information and data storage for questionnaires.
② Creating a map based on "sharing of experiences on potential involvement to an incident" (Students)(4-6)	Analyzing based on the conversation about "Experiences that is near to become an incident"	Implementation of Questionnaire	Collection of information and data storage for questionnaire
③ Implementation of scared-straight re-enactment(3-10)	Data analysis of school life questionnaire	 Implementation of questionnaire Investigation on number of cases and items violated on bicycle driving 	 Analyzing school life and data storage for questionnaire Collection of information and data storage about violations on bicycle license system
Introduce of bicycle license system for bicycle commuter students(3-9)	Data analysis of school life questionnaire	Implementation of Questionnaire Investigation on number of cases and items violated in bicycle driving	 Collection of information and data storage for questionnaires. Collection of information and data storage related to violations in bicycle driving
⑤ Investigation on hazard points at the time of in and out of school(4-9)	 Conducting interviews with school life guidance teacher Understanding and analysis of an incident situation through notification of incident. 	 Implementation of Questionnaire Promotion of active submission of notification of incident. 	 Analyzing by the school infirmary Analyzing by the Japan sports council through the application of benefits. Database of incident notification
Safety inspections for bicycle by the transportation committee(5-6)	Analysis of questionnaire related to injury	 Implementation of questionnaire Investigation on number of cases and items violated in bicycle driving 	 Analyzing questionnaire and data storage related to injury Collection of information and data storage related to violations on bicycle driving.
⑦ Consider the use of helmets for bicycle commuters (5-9)	※Further study of this topic	is being conducted.	

Record and analysis with regards to incident notification	Interview with students Questionnaires related to injuries	 Implementation of questionnaire Investigation of bicycle incident cases 	 Analyzing questionnaire and data storage related to injuries Database incident notification
Bicycle traffic guidance by the traffic coordinators (faculty)	Implementation of school life questionnaire	 Implementation of questionnaire Investigation on number of cases and items violated in bicycle driving 	 Analyzing school life questionnaire and data storage Collection of information and data storage about violations on bicycle license system

The situation in 2015

- Roads related to injuries occurred outside the school are the same from the previous year.(Fig.3-22)
- 25 cases of school bus injuries gained the highest number in road related injuries and bicycle related injuries have 10 cases which is lower than the previous year.(Fig.3-28)

[Topics for further study]

- Conducting investigations for parents based on "sharing of experiences on potential involvement into a certain incident"
- · Incident awareness campaign on major locations by the committee on transportation.
- · Raising awareness and outline of activities during lunch break by the broadcasting committee.
- · Discussion about the use of bicycle helmets.
- Further study is being conducted about the methods on how to prevent incident inside the school bus.

(2) Mental aspects

(2) Withtai aspects		Evaluation	
Events	Mind	Actions	Situations
①Implementation of bullying prevention questionnaire	Implementation of bullying prevention questionnaire	Implementation of questionnaire	Collecting of information and data analysis about bullying prevention questionnaire
Implementation of school life questionnaire	Implementation of school life questionnaire	Implementation of school life questionnaire	Collecting of information and data analysis about school life questionnaire
③Establishment of Peer Co. room(counseling room)	Implementation of school life questionnaire Observation of student's appearance and attitude during consultation	Changes in regards to the number of people using the counseling room	Number of people using the counseling room and data analysis about the content of consultation
Reinforcement of counseling room and cooperation from other organization	Currently, a concrete counter Further study of this topic	ermeasure of some items has is being conducted.	s not been accomplished.
⑤Bullying prevention campaign by the student council(5-8)	Implementation of bullying prevention questionnaire	Implementation of questionnaire	Collection of information and analysis for bullying prevention questionnaire
⑥SNS awareness campaign(4-12)	Prevent troubles among friends and others in accordance on the use of SNS	Awareness campaign led by the city police cyber-crime division	 Gathering latest information about the troubles occurring in the internet. Continuous user awareness campaign with SNS related troubles etc.

The situation in 2015

- "Making fun of me" in their relationship with their friends has the most often answer with 11 cases.
- Comparatively, the number of enrolled students that incidence occurred is low.
- · Collaboration of counseling room and grade levels in dealing with mental issues have started.
- The troubles related to SNS have started to occur.

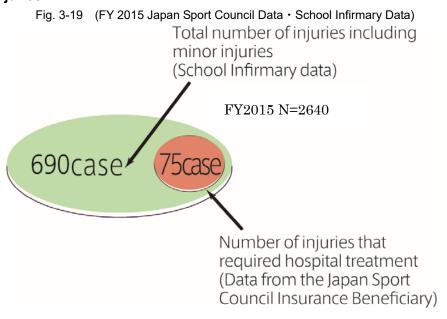
[Subject of investigation]

- Considerations in utilizing the methods of effectiveness of peer, school life and bullying prevention questionnaires.
- Establishment and reinforcement by the cooperation with the local government.
- · Creating rules and examined the use of SNS.

The situation in 2015

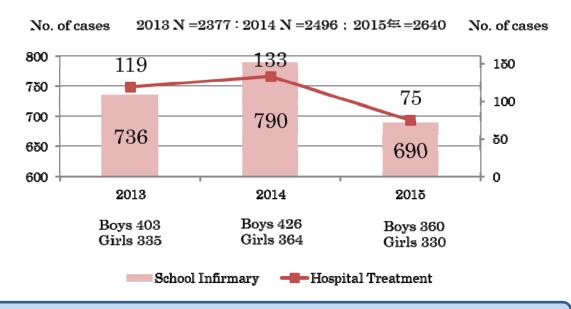
(3) Physical injuries (Comparison of data from Japan Sport Council)

① Contents of injuries



2 Cases including minor injuries

Fig. 3-20 (FY 2013~2015 Japan Sport Council • School Infirmary Data)

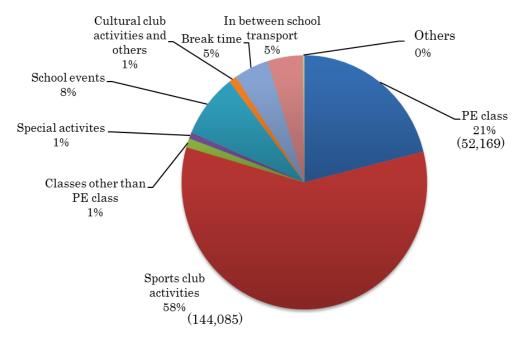


The number of injuries tends to decrease in 2015.

③ Comparison of injuries cases nationwide

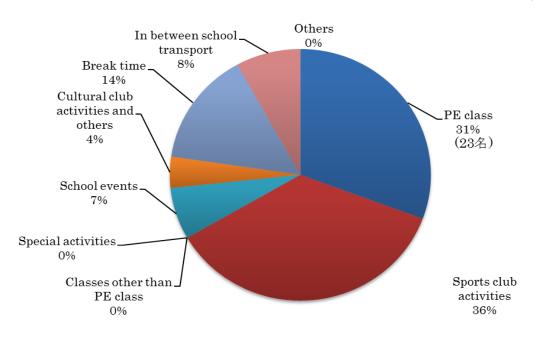
Fig. 3-21 (FY 2014 Japan Sport Council Data • School Infirmary Data) (FY 2015 Japan Sport Council Data is not released in July, 2016.)

a) Japan Sport Council Data n=248422



b) School Infirmary Data

n = 75

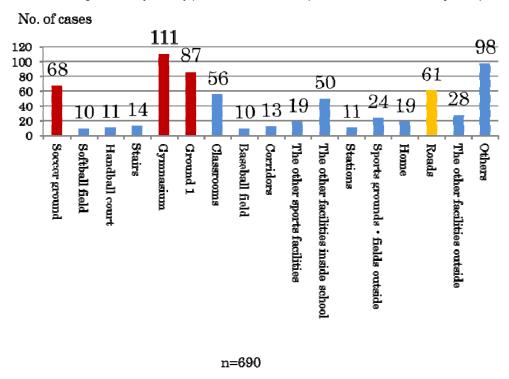


In comparison with the nationwide average, the rate of injuries in sports club activities at Urawa Gakuin High School is lower.

4 The conditions of injuries

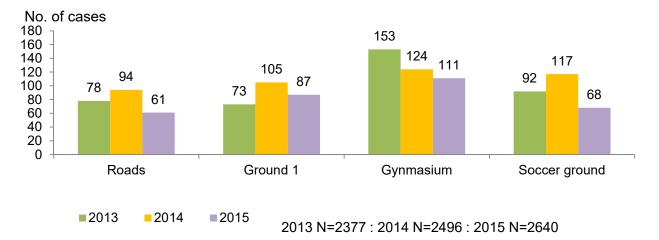
a) Places

Fig. 3-22 Injuries by places of occurrence (FY 2015School Infirmary Data)



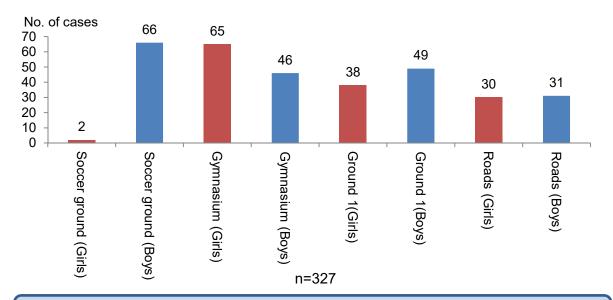
Red graphs show relatively more cases and yellow one shows remarkably frequent cases outside school.

Fig. 3-23 Places with most occurred injuries by year (FY 2013~2015 School Infirmary Data)



b) Gender

Fig. 3-24 Places of most occurred injuries by gender (FY 2015 School Infirmary Data)

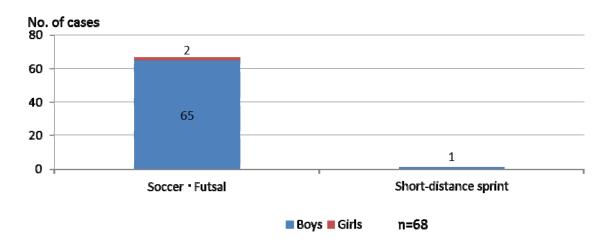


Boys get more injuries in soccer ground, and girls do in gymnasium.

c) Places of injuries by sports events

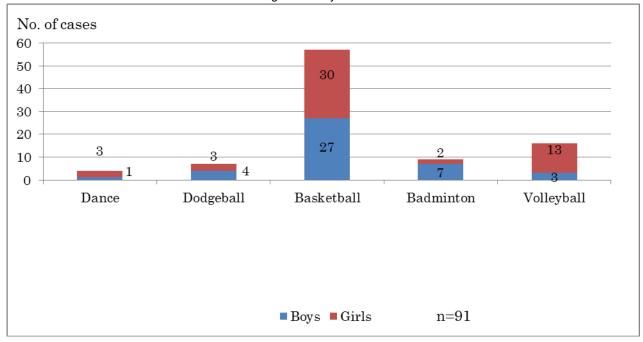
Places of most occurred injuries by sports events (FY 2015 School Infirmary data)

Fig. 3-25 Soccer ground



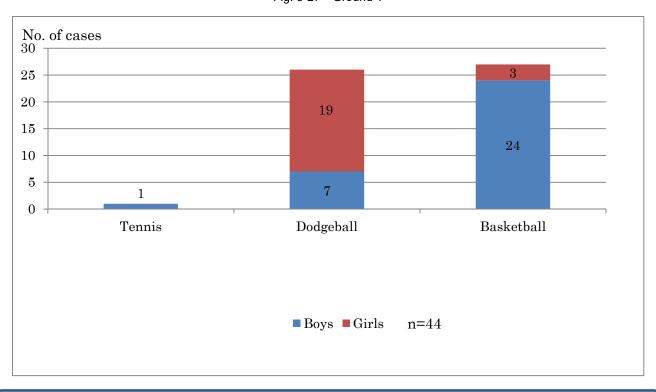
In 2015, boys got more injuries in soccer ground because they mainly used the ground.

Fig. 3-26 Gymnasium



In 2015, both boys and girls get more injuries during playing basketball in gymnasium.

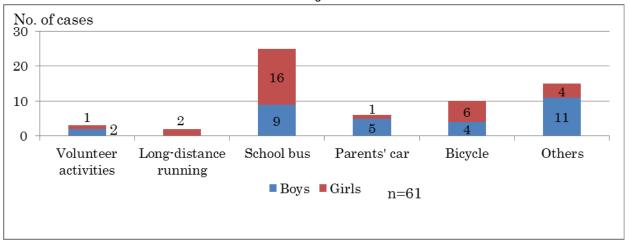
Fig. 3-27 Ground 1



More boys get injuries while playing basketball, and girls do during dodgeball.

No students got injured during playing softball in 2015.

Fig. 3-28 Roads



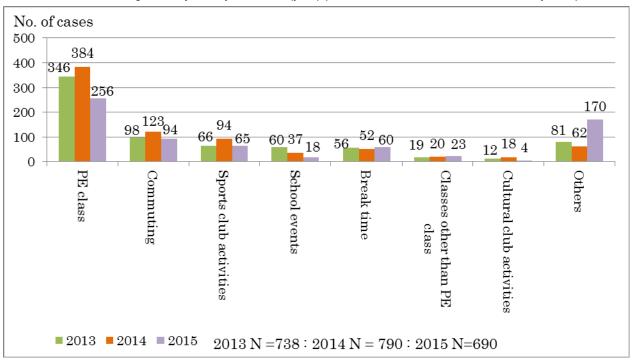
Both boys and girls get more injuries in school bus. (ref. to Fig. 3-35)

Referring the contents of injuries by bicycle to Fig. 3-34.

⑤ The conditions of injuries by activities

a) Time zone (year)

Fig. 3-29 Injuries by time zone (year) (Source: FY 2013~2015 School Infirmary Data)



More injuries have been occurred in PE class for three years (from 2013 to 2015), but all of them tend to decrease.

b) PE class. Club activities

Injuries occurred in PE class and club activities (Source: FY2015 School Infirmary Data)

No. of cases 100 81 79 80 60 34 40 20 9 6 0 Basketball Dodgeball Soccer · Futsal Others Short-distance

Fig. 3-30 Top five main sports events causing more injuries in PE class

n=209

sprint

A number of injuries were occurred in soccer, futsal and basketball. But there was no injury during playing volleyball in 2015.

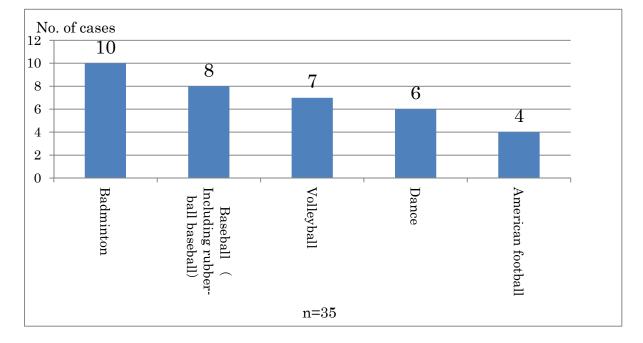
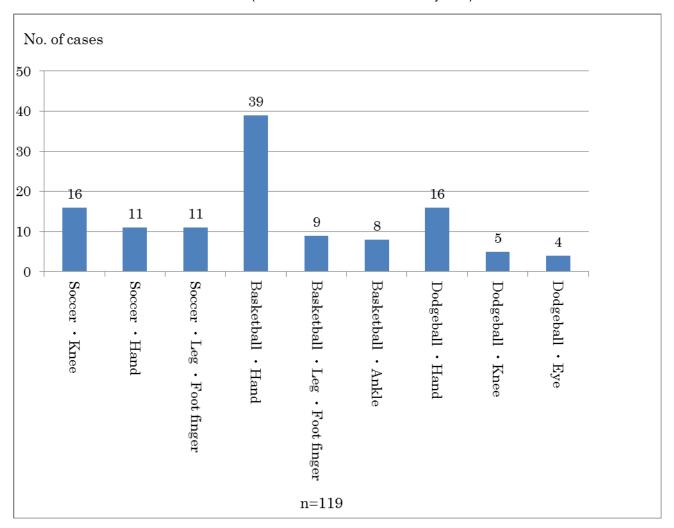


Fig. 3-31 Top five main sports club activities causing more injuries

The number of club activities whose kinds of sports are different from regular PE class (basketball, soccer) increased in 2015.

c) Injuries by the affected parts of the body occurred by sports events

Fig. 3-32 Top three affected parts of the body occurred by three main sports events in PE class (Source: FY2015 School Infirmary Data)



PE class

The most case of injuries was basketball because the students normally catch the ball thrown strongly with their hands.

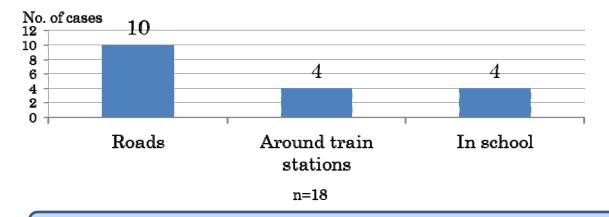
Club activities

The most case of injuries was five cases of hand injuries in badminton club, and one case each of injury was occurred in other clubs.

6 Injuries occurred outside the school premises (Roads)

a) Places that bicycle incidents occurred

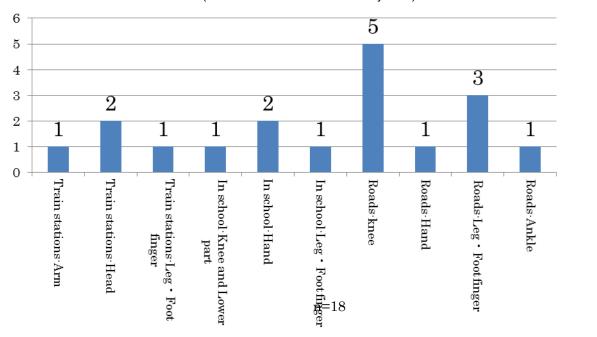
Fig. 3-33 Places that bicycle incidents occurred (Source: FY2015 School Infirmary Data)



More incidents by bicycle happen on roads.

b) The relation between the places where bicycle incidents occurred and the affected parts of the body

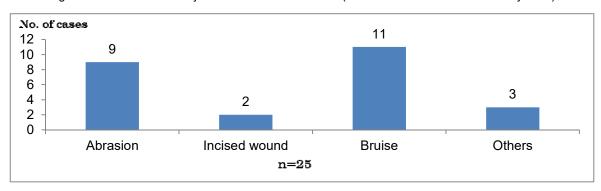
Fig. 3-34 Relation between the places where bicycle incidents occurred and the affected parts of the body (Source: FY2015 School Infirmary Data)



More affected parts of the body by bicycle incidents on roads are knee and foot fingers.

① Injuries occurred inside the school bus

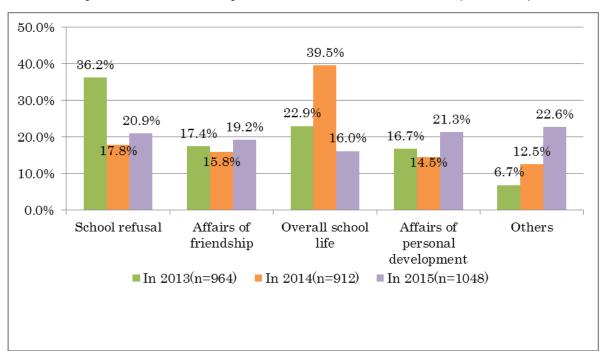
Fig. 3-35 The contents of injuries inside the school bus (Source: FY2015 School Infirmary Data)



The contents of more injuries inside the school bus are bruise and abrasion.

(4) Mental and emotional injuries in school

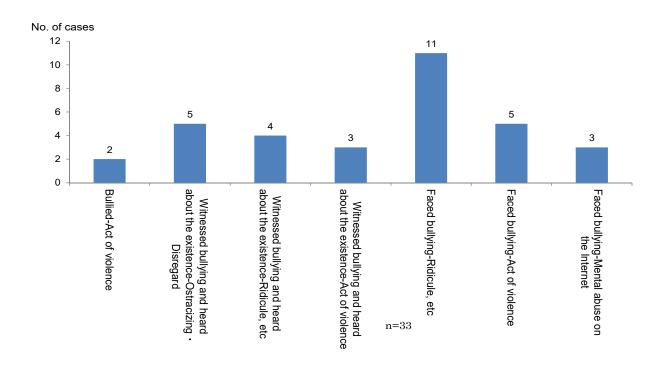
Fig. 3-36 School Counselling Room named "Peer っ Co ルーム" Data(2013~2015)



The number of students who visited the room increased in 2015.

All purposes to visit, except for school life, tend to decrease.

Fig. 3-37 Urawa Gakuin High School Bullying Prevention Questionnaire (Conducted for 1^{st} and 2^{nd} year in the 3^{rd} semester in 2015. No. of the students: 1716)



As a result of the questionnaire, "being bullied and ridicule" is the leading case.

(5) Dating DV (Domestic Violence)

① Saitama City Statistics

Fig. 3-38 2014 Domestic Violence questionnaire response rate etc. (Conducted in eight high schools in Saitama City and three universities)

	Distributes no.	Collected no.	Collected percentage	Valid response	Valid response percentage
High Schools	1,859 ballots	1,858 ballots	99.9%	1,832 ballots	98.6%
Universities	939 ballots	782 ballots	83.3%	751 ballots	80.0%
Total	2,798 ballots	2,640 ballots	94.4%	2,611 ballots	93.3%

Source: Released by Saitama City in 2016. "The reported surveys and related knowledge about Domestic Violence during adolescence period related on having romantic relationship"

Fig. 3-39 Presence or absence of damage, experience related to Domestic Violence in regards of having a romantic relationship (by gender and by age)

(Source Data: Saitama City in 2016)

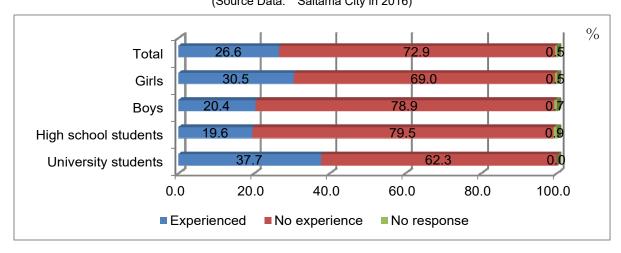
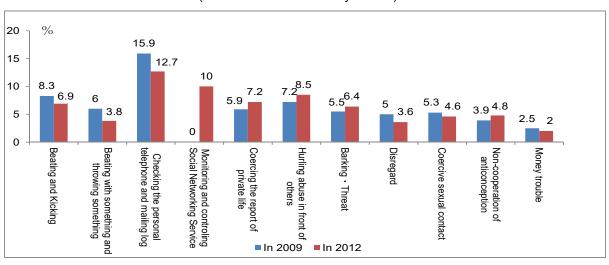


Fig.3-40 Contents of the survey related to Domestic violence in regards of having romantic relationships (Source data: Saitama City in 2016)



② Urawa Gakuin High School Data Statistics(Estimated Value)

Fig. 3-41 Urawa Gakuin High School estimated the cases for domestic violence in regards of having a romantic relationship.

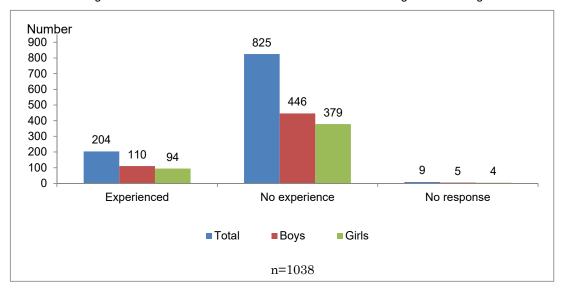
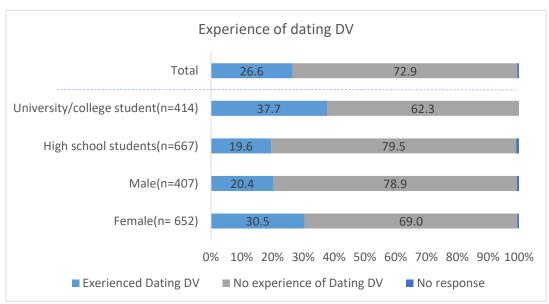


Fig. 3-42 Experience of dating DV in Saitama Pref.



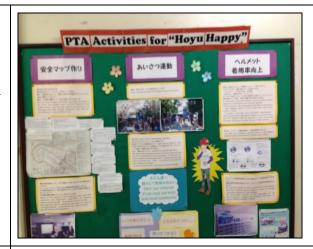
Upon the result of the questionnaire by Saitama City which shows that 36.4 %(667 people) have experience of dating DV out of 1832 people(Fig. 3-42), Urawa Gakuin High school estimate the number of student with experience of dating DV(Fig. 3-41).

Indicator 8 Ongoing participation in Safe Schools networks – at community, national and international levels

Urawa Gakuin High School visits International Safe Schools not only in Japan but oversea, exchanges with the schools which work for obtaining the certification of International Safe School and attending the workshops held by Japan International Safe Schools Certifying Center. Therefore, Urawa Gakuin High School actively participates in the network.

OHoyu Elementary School(International Safe School)

This school is the 3rd International Safe School in Japan.



○Taipei Fuhsing Private School(International Safe School)

This school has elementary to senior high school education.



○Nanshang High School(International Safe School)

This school holds about 4,300 students (200 in Kindergarten and 4,100 in Junior and Senior High School).



Chapter 6 Future prospects for establishing a safe school

(1) Physical aspects

①Inside school

The result of the issues at this moment (After the application)	The vision for the long-term achievement(For next designation)
In comparison with the number last year, the number of	
the injured this year decreased 690 cases but considering	
of the large number, carrying on the effort to decrease injuries is needed.	
injuries is needed.	
The number of injuries which requires the hospital	Analyzing the causes of injuries in PE class and club
treatment in this year decreased 75 cases from 113 cases	activities, setting of numerical targets, and considering
last year, but more effort to decrease the number is still	the efficient measures.
needed.	
① Meeting for advisories of club activities(5-3)	
The activities for International Safe School are spread	
among students' committees and club activities, but the	
more improvement of each student's ideas for the activities is still needed.	
activities is still needed.	Enlightening the further students' activities for
② Meeting for captains of club activities(5-4)	International Safe School.
③ Students' Central Committee(4-20)	
Activities of Physical Education Committee(4-17)	
⑤ Lecture meetings by academic experts(3-4)	
In PE class, the students playing basketball in gymnasium	
get more injuries this year as well as last year.	
6 Maintenance of the grounds, facilities and	Aiming to decrease the number of injuries by considering
instruments(5-5)	the better curriculum and the renovation of facilities like
7 Making a special form to record the injuries the	the gymnasium.
students faced by sports club activities.	
Research for students' athletic abilities. Occasidening the new considering of DE class.	
② 9Considering the new curriculum of PE class.	

2 Outside school

The result of the issues at this moment (After the application)	The vision for the long-term achievement(For next designation)
The measures to prevent the injuries in school bus I is	
required because the most number of injuries outside	
school occurred in school bus (25 cases).	
①Questionnaire for "Students' Near Miss Experience"	
Research(Students)(4-5)	
②Making a Map for showing the sites of "Students' Near	As for the number of injuries in commuting, the case of
Miss Experience"(Students)(4-6)	bicycle decreased, but that of school bus stood out more.
③Incident-Demonstrational Training Session(3-10)	The further prevention of injuries in school bus by
4Bicycle Driving License for students commuting by	analyzing the causes of injuries in school bus.
bicycle(3-9)	
Maintenance check of the bicycle by Traffic	
Committee(5-6)	
Traffic guidance of bicycle by the traffic section	
(teachers)	
The number of bicycle incidents decreased 10 cases	
although more cases of them happened last year. But	
continuing to analyze the data and considering the	Analyzing the contents of the violation of Bicycle
further measures including the students commuting by	License, and trying to prevent further traffic incidents by
bicycle wearing helmets are required.	bicycle and promoting the education for the traffic
	manner.
⑦Considering of wearing helmets for students	
commuting by bicycle(5-9)	
Reinforcing the corporation with the parents and local	
communities is required.	Aiming to establish the cooperative system working with
	the parents and local people.
⑤Inspecting the dangerous points around school (4-9)	

(2) Mental aspects

The result of the issues at this moment (After the application)	The vision for the long-term achievement(For next designation)
The further analysis of the result of the questionnaire	
related to bullying is required.	Aiming to keep the school environment without no
	bullying by continuing to analyze the data of the
①Questionnaire for the prevention of bullying	questionnaires.
②Questionnaire for Students' School Life (4-1)	
The system to carry out early detection and pre-emptive	
move for problems cooperating with each homeroom	
teacher, the department of each grade and the counselling	
room are required.	
	Aiming to collect the further statistics data for bullying
③Permanent installation of "Peer. Co. room" (the	(including Social Networking Service, Human Rights and
counselling room)	Domestic Violence in regards of having a romantic
4 Establishment of cooperating with local	relationship) and act properly and quickly based on the
governments(Child Consultation Centers • Public Health	data.
Institutes)	
⑤"The campaign for cultivating the efficient human	
relationship" by the headquarter of students' committee	
(5-8)	
The measures to prevent the troubles related to Social	
Networking Service are not sufficient.	Enlightening the danger of Social Networking Service
	and collecting the data based on it.
6 Enlightenment of Social Networking Service	